



*Sanjo*

THE DREAM ISLANDS OF KAMIJIMA

KAMIJIMA TOWN, EHIME JAPAN GUIDEBOOK 2026

# THE DREAM ISLANDS OF KAMIJIMA

A BOOK TO  
EXPLORE THE LIFE, CULTURE  
AND NATURE OF KAMIJIMA ISLANDS

*A welcome is waiting!*

KAMIJIMA TOWN, EHIME JAPAN GUIDEBOOK 2026



## TO THOSE WHO JOURNEY TO THE ISLANDS OF KAMIJIMA

The boundless ocean paths invite you to explore these enchanted islands at your leisure.

You'll see people who are warm, friendly, and welcoming as you go along your way.

In the distant mist the islands appear to float in a peaceful repose, as if lost somewhere between the ocean and the endless sky.

Take a deep breath of tranquility and feel rejuvenated.

You will find that these islands leave their unique memory on everyone who spends time here.

The "Dream Islands" of Kamijima and all of us here, are waiting to welcome you now.



Since joining the "Japan's Most Beautiful Villages" alliance in October 2009, Kamijima Town has been striving to conserve and utilize local resources and create a world-class community.

## KAMIJIMA TOWN, EHIME JAPAN

Nestled in the Seto Inland Sea, Kamijima Town, one of "the most beautiful villages in Japan", is a haven of 25 islands at the northernmost tip of Ehime Prefecture.

Easily accessible by ferry, it's close to Hiroshima Prefecture and is a gateway to the main islands of Yuge, Sashima, Iwagi, Ikina, and Uoshima, each offering a unique glimpse into the vibrant local culture.

The region enjoys a mild climate, making it a perfect destination to explore year-round. Visitors can indulge in the local specialties including fresh seafood and lemon-infused dishes.

A cycling route around Yumeshima Kaido unveils breathtaking views of the sea, offering an intimate experience of Kamijima's warm and enriching island lifestyle.



### CONTENTS

02 INTRODUCTION

15 **STAY**

28 KAMIJIMA TRIP

29 **EAT**

49 SPECIALTY PRODUCTS

52 CITRUS

53 **EXPERIENCE**

70 ART

72 HISTORY and CULTURE

80 FAVORITE PLACES

81 **INFORMATION**

88 ACCESS and MAPS

All listed prices are including tax, and accurate as of October 2025.



LIFE IN THE  
ISLANDS OF KAMIJIMA

THE SEA EMBRACES THE LIGHT  
OF THE EARLY MORNING SUN,  
SENDING A WARM PINKISH GLOW  
ACROSS THE HORIZON.

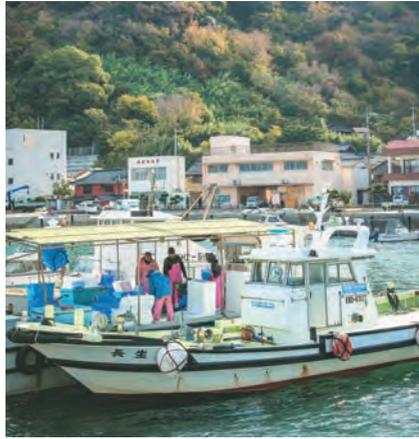


Matsubara, Yuge island in the early morning. The horizon is dyed pale pink.



- 1 Bright Lemons on the shoe box in the elementary school.
- 2 "Blue Lemon Island" Iwagi island where there are lemon trees even in the schoolyard.
- 3 Passing bicycles watch the scenery of the Gangi and ships.
- 4 Three thousand cherry blossom on Mt. Sekizen contrast against the inland sea.

1	2	4
3		



- 1 A lovely scene in a narrow island alleyway while on a peaceful walk.
- 2 Fresh caught seafood is abundant here.
- 3 10am, the morning fishing boats return.
- 4 "Dried Debera", the winter tradition of Uoshima, a fishing island.

1	4
2	3





- 1 Matsubara beach - a spot popular in both past and present.
- 2 Yachts - a perfect match for the peaceful island.
- 3 Fireworks Festival - Kamijima's sacred celebration of summer.
- 4 Watermelon - enjoy chilled in cooled well water.
- 5 Island life - Beautiful sea, art and children.
- 6 Autumn - The season of the Harvest festival.
- 7 Summer - The vista seen from Otani, Yuge Island.

1	2
3	4
5	6

THE FACES OF THE LOCAL PEOPLE SEEM TO REFLECT A GOLDEN AURA, FROM THE LIGHT THAT STREAMS THROUGH THE ALLEYWAYS AND ACROSS THE HARBOURS, FILLING THE ISLANDS WITH LIFE.



- 1 The highspeed ferry leaving Sashima Port, wake trailing behind.
- 2 A guardian statue protects the prayers of the island.
- 3 At a small shipyard on the island. Common scenery of the island.
- 4 Warm sunlight pours onto a boat being repaired.





1	2	7
3	4	
5	6	

- 1 Junior Highschool students returning home from club activities.
- 2 Highschool Students studying at the sea station building.
- 3 At Ikina Island. The neighbourhood is safe, you know everyone.
- 4 Potted plants infront of an open shop.
- 5 Everyone enjoys the island in their own way.
- 6 Simplicity of the shop decorations.
- 7 A lively conversation with a yachtman from Onomichi.



A car boards onto the ferry in the quiet afterglow of sunset. "Let's go home"

AFTER THE EVENING MEAL,  
TAKE A RELAXING BATH.  
THE STARS ARE SHINING DOWN  
ACROSS THE 'DREAM ISLANDS'.  
ALL IS CALM...  
SLEEP AWAITS.

# STAY

Guest houses, traditional inns, resort hotels, and more. These islands have a wide variety of accommodation options, each with their own character.



## SHIOMI HOUSE

### ISLAND VILLAGE HOSTEL

FEEL LIKE YOU'RE STAYING  
AT A RELATIVE'S HOUSE.



Keiko Tomita and Mie Kudo manage Shiomi House, an old guesthouse just a 3-minute walk from the Sashima port. It's a small inn in a narrow alley that's easy to miss.

Step into a building steeped in history, reborn from a structure built shortly after the war. As you enter, you'll be greeted by the unchanged tatami-matted Japanese-style rooms, a verandah,

and a dirt floor that all hold stories of the past. Try the Goemon bath, light the fire, savor the rising smoke, and bathe in the hot soothing water. It is a truly authentic experience.

At Shiomi House, guests prepare meals together with Mie and Keiko, sharing rice and stories around the dining table. You'll hear about their lives on Sashima and sleep in the peaceful silence



1 A lively shared home-cooked meal with locals. 2 Fun in the traditional iron goemonburo bath. 3 Light the fire to heat the bath. A unique bath that warms the body. 4 A historic building that looks great with "GETA" sandals.



of the night. Staying here feels like being at a relative's house.

Many people fall in love with this place and visit repeatedly. The island of Sashima is a place of warmth and familiarity that beckons people to return, and even make it their home. It's a testament to the warm and friendly atmosphere that will make your trip memorable.



1 There is also a house nearby called "Kominka NEGI NEGI" that can be rented out (16,000 yen/day). 2 Manager Mie (left) walking along the alleys of Sashima with a guest.

- 1 P.93
- Guest House / SASHIMA
- SHIOMI HOUSE
- Island Village hostel
- 0897-72-9800
- shiomihouse.com
- Sashima299, Yuge
- available
- Check-in 15:00, Check-out 10:00
- 8 (Dormitory, private room available)
- adult 5,000 yen ~
- 12 years and below 2,500yen ~
- Whole house rental 30,000yen ~
- 3min from Sashima Port
- confirmation required
- Share meal and traditional bath



## Surrounded by Succulent and Ornamental Plants

Tokonoma is a guest house managed by Yasushi and Erina Kato. The entrance is adorned with Erina's potted plants. Since his 20s, Yasushi has explored Japan extensively, from Hokkaido in the north to Okinawa in the south, and in 2019, he brought his vision to life with Tokonoma. "I'm excited to engage in conversations with people from all walks of life."



1 The soft morning sun lights the entrance. 2 The plants and pots define Tokonoma. 3 Kitchen (back) and living room. It is highly recommended on Booking.com for travellers to stay for several days. 4 Light airy guestrooms. 5 The bright smiles of the Kato family.

- 2 P.95
- Guest House / YUGEJIMA
- TOKONOMA
- 080-6492-0084
- tokonoma.org
- Shimoyuge 299, Yuge
- available
- Check-in 15:00, Check-out 10:00
- 11 (private room x 3)
- Private room 4,000 yen
- Whole house rental 25,000yen
- 10min from Yuge Port



## KOMINKA MINSHUKU YUGE NO YADO

ENJOY LOCAL FISH DISHES THAT  
THIS GENTLE COUPLE COOK WITH PRIDE.



STAY

Yoshifumi and Chiyako Kawabata, originally from Kagoshima, run this guesthouse located in a historic old private house in Shimoyuge. The dinner offered features fresh fish sourced directly from the local fishermen. The dishes crafted by these warm and gentle hosts have a comforting and homely taste. Prepare to be pleasantly surprised by the variety of items on the menu including sashimi, grilled fish, sea bream rice, and tempura. The building was self-renovated, and it holds a rich history that adds to the unique ambiance of your stay.

P.95

Minshuku / YUGEJIMA

### YUGE no YADO

080-6442-3298

yugenoyado.com

Shimoyuge 384-1, Yuge

available

Check-in 15:00, Check-out 10:00

Open 365 days a year

adult 15,000 yen

Elementary school students 10,000yen

(1 night with 2 meals)

10min from Yuge Port



1. Evening view of the building. The deck on the right was also built by the couple. 2 Yoshifumi standing in the kitchen. You can see the cooking from the dining room. 3 Japanese guest room. 4 Soak in their self-built outdoor bath.



## A Hilltop Stay by the Sea

Perched on a hillside near the Matsubara coast, this resort looks out over one of the 88 Scenic Views of Shikoku, with the sea unfolding directly in front of you. Every guest room faces the sunrise, offering open views of the Seto Inland Sea from the moment you wake. After arriving, take time to relax in the open-air bath overlooking the water. As evening settles in, enjoy dinner at the on-site restaurant (p.33), where capture the flavors of the region.



1 Enjoy the vista of the Seto Inland Sea. 2 Western-style public bath "Spa Horizon". There is also a Japanese-style public bath. 3 uninterrupted view from your own room. 4 Western-style rooms, Japanese-style rooms, and Japanese-Western style rooms are available.

9 P.95

Hotel / YUGEJIMA

### Inland Sea Resort FESPA

☎ 0897-77-2200  
 🌐 fespa-yumeshima.jp  
 📍 Hibi 287, Yuge  
 🚗 10min from Tateishi Port

\* Rebranded and reopened in April 2026.  
 For the latest information, please visit the official website.



## NEW GUESTHOUSES FULL OF CHARACTER

9 P.94

Guest House / YUGEJIMA  
 Guest House MICHISHIO



This guesthouse is located near a small shrine, surrounded by quiet nature. Owner Koji Hirata opened the guesthouse in 2021 with the aim of creating a base that connects cyclists, foreign tourists, and those looking to relocate to the area. Bicycles are also available for rental to guests. "You can experience the local lifestyle while enjoying the relaxing time that only a remote island can offer," says Hirata. For guests staying multiple nights, there are optional tours to get to know the area, including a trip to meet the goats. The guesthouse is popular with Western tourists and cyclists.

☎ 080-1453-0360 🌐 note.com/michishio 📍 Hikino424-2, Yuge  
 🛏️ Twin 8,000 yen, Single 5,000 yen (Base price varies by season) 🚗 5  
 🟢 available 🕒 Check-in 15:00, Check-out 10:00 🚗 5min from Yuge Port

1 The owner, Koji Hirata, and the goat, Nakajima. 2 The ocean can be seen from the guesthouse (left). 3 Clean rooms. 4 The exterior wall features a mural by an artist.

9 P.94

Guest House / YUGEJIMA  
 Common Yado MYOJIN



Located on the coast with a wonderful view across the bay of Yuge. The owner, Akiko Fujii, has created a guesthouse with a warm organic and natural atmosphere. Once inside climb the staircase to find a lovely bedroom and a stunning view. Workshops and other events will also be held here, and Akiko says, "It will be a community space where people from both inside and outside the island can gather." Long-term discounts are available, as guests are encouraged to stay for a long time to get to know the island.

☎ 070-3159-3030 📍 Myojin 54, Yuge 🌐 commonyado.com  
 ✉ okicasio@gmail.com 🛏️ adult 5,000yen, Whole house rental 30,000yen~  
 🚗 6 🟢 available 🚶 5min from Yuge Port

1 The owner, Akiko Fujii. 2 Climbing the stairs leads to the bedroom with a sea view. 3 The exterior of the old house. 4 View of the first floor from the entrance.

## NEWLY OPENED ACCOMMODATION



7 P.92

Vacation Rental / IWAGIJIMA

Bike, Café and Inn YORIMICHI



A cycling-loving couple, Kohei and Haruka Toyoda, moved from Osaka in 2023. Only a short walk from Iwagi Port, they run a beautifully renovated guesthouse that once belonged to a seed shop. Haruka, led the renovation, creating an interior that blends retro charm with cycling culture. Vintage bicycles are displayed as part of the décor, while the rooms are bright, clean, and open to the sea. A bicycle workshop and café are also being planned, making this a place that feels ready to welcome cyclists from around the world.

☎ 090-7955-1791 📍 Iwaki 1406 🏠 available ➡ 6  
 ⌚ 1-2 people: ¥15,000, 3rd person and above: +¥6,000 per person  
 🚶 5 minutes from Iwaki Port

1 Owners Toyoda Kohei and Haruka. 2 The second floor of the building is spacious enough for guests to use. 3 The entrance area still retains traces of its former days as a shop. 4 Bicycle-related items can be found everywhere.

8 P.95

Vacation Rental / YUGEJIMA

MIZUNOMIBA

Located in Shimoyuge, Yuge Island, this one-house rental inn is run by Miwa Mizuno, who transformed her mother's former home into a cozy retreat nestled within the narrow island lanes. Opened in 2025, the guesthouse blends into the neighborhood, offering travelers a taste of everyday island life. Conveniently, a supermarket and other amenities are just a short walk away.

☎ 080-5231-5240 📍 Shimo-Yuge549, Yuge 🌐 mizunomiba.jp 🏠 available  
 ➡ 7 ⌚ ¥10,000 for up to two people, ¥3,000 per person for the third person and beyond ⌚ Check-in 16:00, Check-out 10:00 🚶 10 minutes from Yuge Port



9 P.95

Guest House / YUGEJIMA

Guest House YANAGIDA

Located near Matsubara Beach on Yuge Island, Yoshikazu Harutomi's guesthouse sits in a building that once operated as a general store selling daily goods and food. Now, the ground floor still retains traces of its past, with the original earthen floor and storefront atmosphere. Guests can enjoy the feel of the sea, and SUP boards and gear are available for rent right on site.

☎ 090-3780-3179 496  
 📍 Shimo Yuge496, Yuge ⌚ ¥5,500 yen per person, ¥4,400 yen for island guests  
 🏠 Discounts available for consecutive stays 🏠 available ⌚ Check-in 15:00, Check-out 10:00 🍽 Meals available upon request (catering, etc.) 🚶 12 minutes from Yuge Port



## GUEST HOUSES FULL OF HOSPITALITY IN YUGE & IKINA

10 P.95

Minshuku / YUGEJIMA

Minshuku NAKATSUKA

This guesthouse is located in a narrow alley in the Shimo-Yuge district. Itsuko Nakatsuka, an expert at sourcing ingredients from the sea and mountains, runs the inn. The seaweed and wild plants served on the dining table are all picked by Nakatsuka herself. In addition, the dishes made with fresh fish purchased directly from fishermen in Yuge are very popular.

☎ 0897-77-4498 📍 Shimoyuge 131, Yuge 🏠 available ➡ 8  
 ⌚ adult from 8,000 yen (1 night with 2 meals) 🚶 5min from Yuge Port



12 P.94

Minshuku / YUGEJIMA

Minshuku TAKEGAWA

A guest house in Kamiyuge that is limited to one group per day. You can rent a room in a private house and relax in a typical Japanese countryside house. They welcome travelers with fresh vegetables and fish dishes from Yuge, and also accepts requests for meals only.

☎ 0897-77-2875 📍 Kamiyuge 302, Yuge ⌚ adult from 8,000 yen (1 night 2 meals included) ➡ Limited to 1 group per day 🚶 5min from Kamiyuge Port



11 P.94

Vacation Rental / YUGEJIMA

The Nomad Inn Yugejima

This is a rental accommodation that opened in the Kamiyuge district. It is an old house from the early Showa (1970's), and you can see stylish and original designs here and there in the impressive Nagayamon gate, garden, and interior of the building. "I want you to stay and blend into the beautiful townscape and seascape of Kamiyuge," says the owner, Shunsuke Bito.

☎ 080-2614-0843  
 📍 Kamiyuge253, Yuge  
 📧 bito@cotelier.me ⌚ Basic rate 20,000 yen, 2nd person onwards + 3,000 yen per person (whole house rental, no meals included) 🏠 available ➡ 5  
 ⌚ Check-in 15:00, Check-out 10:00 🚶 3min from Kamiyuge Port



13 P.93

Minshuku / IKINAJIMA

Minshuku SUDOMARI-M

Off the coastal road, nestled in the hills, this charming inn offers cozy rooms with a special touch - each room is equipped with full-fledged karaoke equipment. You can sing to your heart's content during your stay. The warm and welcoming atmosphere resembles that of a local Japanese house.

☎ 090-9810-3947 📍 Ikina1078-1  
 ⌚ adult from 4,000 yen,  
 Karaoke is an additional charge, elementary school students half price, free for preschoolers (consultation for groups of 3 or more) ➡ 9 🏠 available  
 ⌚ Check-in 17:00, Check-out 9:00 🚶 5min from Tateishi Port



## RELAX IN IWAGIJIMA



14 P.92

Ryokan / IWAGIJIMA

## KAMEI RYOKAN



A long-established ryokan that has been in business for 3 generations and stands in a good location right next to Iwagi Port. The main building was built about 65 years ago, is a good old Japanese building, and the window of the tobacco shop at the entrance creates a retro feel. Once inside, the polished floors and elaborately designed handrails make you feel nostalgic and calm. There is an additional accommodation building in the back. The cuisine is centered on fish caught in the sea near Iwagi.

☎ 0897-75-2006 📍 Iwagi 1523 ➡ 24

👤 Adult 9,130 yen (1 night with 2 meals), 4,950 yen (without meals)

🚶 5min from Iwagi Port



15 P.92

Minshuku / IWAGIJIMA 📱 📷

## YOSHIMASA



A guesthouse near Iwagi Port. The restaurant, managed by the owner, Mr. Sunagawa, boasts authentic Japanese cuisine prepared by chefs using local ingredients such as fish caught in nearby waters and lemon pork from island. The Japanese-style rooms, which were renovated in 2020, are comfortable, with toilets installed in each room. There is also an izakaya on the first floor of the inn. You can also interact with the people of the island at night. They host an uninhabited island (Tsuba island) experience (p.57) and boat fishing experience (p.61).

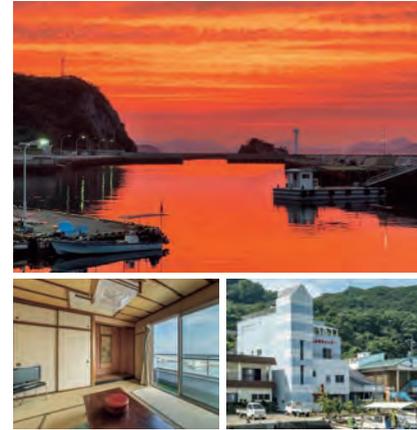
☎ 0120-37-4403 📍 Iwagi 1540 🌐 yoshimasa.jp ➡ 21

👤 Adult from 14,370yen (1 night, 2 meals, kaiseki dinner, guest room with toilet included), from 12,870 yen (1 night, 2 meals, kaiseki dinner included), from 6,600 yen and up (communal toilet without meals) 🚶 5min from Iwagi Port

Enjoy Iwagi Island as  
an experience-based inn!



## HAVE A MEMORABLE STAY IN TAKAIKAMI &amp; UOSHIMA



16 P.94

Public Inn / UOSHIMA

## UOSHIMA TOURIST CENTER



For a unique stay, take a 50 minute ferry ride by rapid boat from Yuge Port to Uoshima Island, an island which floats in the unobstructed inland Sea. There is only one lodging facility on the island, The Uoshima Tourist Center. It is not only a base for sightseeing, but also a place for local activities, exchanges, and training. Uoshima is one of the best fishing grounds in the Seto Inland Sea, and is visited by many anglers that come from all over the country. Slow down and experience life on a truly remote island and discover the unique charm of Uoshima.

\*Please contact in advance to stay by phone.

☎ 0897-78-0011 (Uoshima Branch Office)

📍 1362-1, 1-kochi, Uoshima available ➡ 12

🚶 1min from Uoshima Port Accommodation, price confirmation required by phone

The landmark of the inn is a Manga artist  
Characters of "Dehazuke Nori"!



17 P.94

Minshuku / TAKAIKAMISHIMA

## Minshuku NATAORE no KI



The only lodging facility on Takaikami-shima. The express boat bound for Uoshima stops on the way to the island. Manga mural art is drawn on private houses and public facilities around the port, creating a unique world view. Like the mural art, the guest house was opened by remodeling an empty house as part of the island development. The name of the inn, "Nataorenoki", is a tree so hard that it can break a hatchet. The Nataore tree at Sekido Shrine on the island has become a natural monument of the town, and that is where the name comes from.

📍 2-kochi, Uoshima ➡ 8

✉ nataorenoki@gmail.com

👤 (without meals)

Adult 4,000yen,

Children 2,000 yen,

Under 6 years old free

Barbecue sets and other

equipment available for rental

🚶 1min from Takaikami Port

The people of the Kamijima islands don't treat visitors as outsiders. They naturally accept them as a part of normal life.

Islanders here are calm and relaxed, maybe because in a few minutes you can easily cross the sea.



## A Journey to the Hearts of Kamijima Town's People

Young people will even wait for the elderly wobbling on their bicycles.

During dinner, I said, "I'm curious about the local dish, Igisu Tofu," and the next morning, it was on the breakfast table!

An afternoon with the locals drinking. The time spent gazing aimlessly at the sea together — you can't find in the city.



I was watching them make a lemon kaiseki, then suddenly I was cooking it! I was glad to hear many stories about the island.

After helping to carry shopping bags, I received the beans bought for themselves as thanks!

Dinner at the guesthouse like a local party, with staff and tourists all together.



### Island Travel Illustration Essayist: Mu Matsutori



Exploring remote island, local cuisine, and folk festivals is my life's work. Books authored include "Tokara Islands Secret Walk," "Starting the Kasujiru Book," "Mu Fudoki," and more. [lit.link/muumatutori](http://lit.link/muumatutori)

# EAT

You can taste the fresh seafood of the island, or experience cafes with a cosy atmosphere. There is a wide variety in Kamijima that is loved by both locals and visitors.



## IZAKAYA YOSHIMASA

ENJOY YOUR OWN FRESHLY CAUGHT  
SEAFOOD PREPARED BY A LOCAL CHEF.



Yoshimasa is an izakaya that brings you the best of Iwagi Island's fresh fish. Enjoy seasonal catches from the nearby sea, expertly prepared by skilled chefs. They also offer recreational fishing boat experiences, allowing you to catch and savor your own fish for lunch. Indulge in a wide variety of delicious dishes typical of a long-established izakaya, paired with a great selection of Japanese sake. Don't miss the local specialty, Iwagi ramen. Experience the ocean's flavors and tradition at Yoshimasa.

15 P.92

Izakaya / IWAGIJIMA

### YOSHIMASA

☎ 0120-37-4403 🌐 yoshimasa.jp

📍 Iwagi 1540 📶 available

🕒 11:00 - 14:00 (L.O.13:30)

17:00 - 21:30 (L.O.20:30)

SUNDAY - 21:00 (L.O.20:00)

CLOSED MONDAY

(changes depending on the season)

👤 Counter 7, Tables 15, Private rooms 10

🚶 5min from Iwagi Port

🛍️ Souvenir sales



1 Go through the curtain and enter the store. 2 You can choose between table seats or a private room. 3 On the wall, there are giant sea bream fish prints caught by visitors on recreational fishing boats, and Sake Labels. 4. The popular Iwagi ramen. There are plenty of island delicacies such as dashi stock made from small fish from the inland sea and toppings such as Hijiki seaweed.



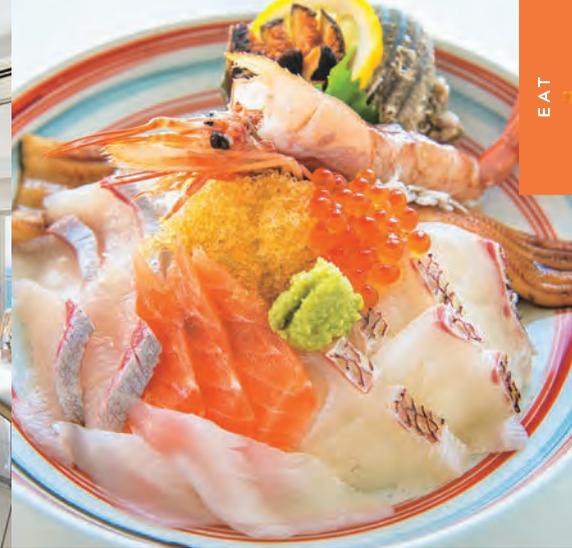
### A Variety of Authentic Creations Using Local Ingredients

Shinsuke Matsumura's creative restaurant offers a diverse menu rooted in his Italian training. Using fresh local ingredients, especially seafood, the dishes are renowned for their carefully crafted and delicate flavors. Beyond seafood, you'll find a variety of Italian-inspired options, including meat dishes, side dishes, and authentic pasta. Complement your meal with a wide selection of alcohol.

**1** P.95  
Izakaya / YUGEJIMA   
**Yugejima Dining SAI**

 0897-72-9931  
 Shimoyuge 123-7, Yuge  
 available  
 17:30 - 22:00 (L.O.21:00)  
CLOSED WED (Open on public holidays)  
 Counter 4, Table 14, Private rooms 10  
 3min from Yuge Port

1 There are many types of local sake and Plum wine. 2 The store is clean. Mr. Matsumura shows his skills in the kitchen on the left. 3 Buy a bento, or yakitori and beer from their food stall open from early evening! 4 Rich Japanese and Western menu. The "Yaki Cheese Menta-imo", which is a yam topped with cheese and baked in the center, is so delicious that you won't be able to stop.



### Enjoy Setouchi Cuisine with the Ocean View

Located within Inland Sea Resort Fespa, this restaurant looks out over the wide, open Seto Inland Sea. The menu celebrates the sea's bounty, with dishes like the Kaiho-don, a richly topped bowl of fresh seafood, and the Yumeshima Burger, made with locally caught sea bream, island-grown vegetables, and a hint of lemon. Day-use bathing is available as well, allowing guests to enjoy a relaxing soak in the seaside spa after their meal. It's an easy and popular choice for a relaxed day trip.

**4** P.95  
Restaurant / YUGEJIMA  
**FESPA Restaurant IL MARE**

 0897-77-2200  
 fespa-yumeshima.jp  
 Hibi 287, Yuge  
 10min from Tateishi Port

\* Rebranded and reopened in April 2026.  
For the latest information, please visit the official website.



1 " Yume shima burger " made with fresh sea bream caught in Kamijima. Lemons and vegetables are grown on the island as much as possible. 2 There are private rooms with tatami rooms and tables, perfect for relaxing with family and friends. 3 There is a banquet hall that can accommodate gatherings such as reunions. 4 You can also enjoy day baths in the open-air baths (Japanese and Western styles change daily).

## FRESH SEAFOOD SHOP & RESTAURANT



2 P.92

Cafe / IWAGIJIMA @ X f

### Takeout & Cafe TAIYA



This small cafe comes into view as you head north along the coast from Iwagi Island's Nagae Port. As its name suggests, it boasts dishes using sea bream, including sea bream carpaccio rice bowls, sea bream curry, and a luxurious menu of double sea bream rice, which is sea bream rice topped with sea bream sashimi and sauce, and the taste of sea bream is second to none. The location right in front of the sea is also wonderful.

☎090-4977-3179  
 📞 Iwagi 4974  
 ⌚ 11:00 - 16:00  
 CLOSED MON-FRI  
 🚶 8 inside, 4 outside  
 🚗 4min from Okogi Port  
 📦 Takeout OK



"Sparkling Lemonade" made with plenty of lemons from Iwagi Island. ¥500

Fish caught off the coast of Yuge Island are kept in a fish tank!



3 P.95

Fresh Seafood / YUGEJIMA @

### UOROKU



Run by Yukiko Okajima and her mother Kiyoko, this family-owned fish shop serves up the freshest catch from Yuge's surrounding waters, supplied daily by Yukiko's fisherman father. A tank inside the shop keeps the fish live, so the sashimi and seafood bowls are exceptionally fresh. The bowl changes based on catch of the day. Takeout orders and fresh fish for your own table are also available. It's perfect for enjoying Yuge's local flavor at home or your guesthouse.

☎0897-77-2712  
 📞 Shimoyuge 123-6, Yuge  
 ⌚ 10:00 - 18:00  
 CLOSED Irregularly  
 🚶 3min from Yuge Port  
 📦 Takeout only



Seafood bowl with horse mackerel, sea bream, and flounder, and soup ¥1,200

## A "SWEET" COMMUNITY

4 P.94

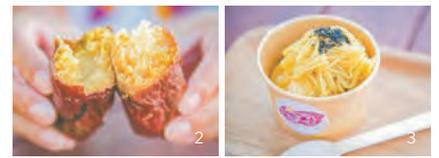
Roasted Sweet Potato / YUGEJIMA @

### Yumeshima Yakiimo IMOSHO



A couple who truly love roasted sweet potatoes, the Sanadas moved from Saitama to open the island's first specialty yaki-imo shop. They use two varieties: Silk Sweet and Beni Haruka. While hot roasted potatoes are perfect in winter, they also offer chilled versions and ice-cream mont blanc in summer, perfect for cyclists or anyone seeking break from the heat. If you are lucky you might find the food truck travelling around Kamijima too!

📍 myojin130 ⌚ 11:00 - 17:00 (If sold out, early end)  
 CLOSED MON, TUE, WED 🚶 2min from Yuge Port 📦 Takeout OK



1 The food truck is a store where Mr. and Mrs. Sanada will welcome you. 2 The moistness of the bread is something you should definitely try. 3 There are also Mont Blanc and other items.

5 P.94

Souvenir Shop / YUGEJIMA @

### LOG HOUSE YUGE

A long-loved souvenir shop has been given new life, now offering a cozy café space where locals and visitors can relax together. The shop's classic soft-serve ice cream and shakes, loved for generations, are still on the menu, alongside coffee and local souvenirs. Stop by for a small moment of connection on your journey.



☎0897-77-3828 📞 Shimoyuge829-1, Yuge ⌚ 9:00 - 17:00  
 CLOSED TUE, New Years HOL 🚶 4 🚶 7min from Yuge Port 📦 Takeout OK

6 P.95

Bakery / YUGEJIMA f

### POPCORN

A small workshop created by an NPO to create a place where children with disabilities can work even when they grow up. "K's white bread" and pizza bread are standard items on the menu, and there are also seasonal items. You can also buy original art goods created by the children here too.



☎0897-72-9307 📞 Shimoyuge 226, Yuge 🌐 kamijimapopcorn.or.jp  
 ⌚ 10:30 - 17:00 CLOSED SAT, SUN, MON, HOL (THU and SAT also sold at Sashima Shimano Hiroba) 📦 Takeout only 🚶 7min from Yuge Port



## Old Folk House and Bagels

Hidden alley of Kamiyuge, this cozy bakery offers freshly baked bagels, white bread, and home-roasted coffee. The building, over 100 years old and a registered cultural property of Japan, was lovingly restored by Maki and Shuhei Miyahata, who transformed it into a welcoming home and bakery.

With its tranquil atmosphere, set within an old storehouse, and a front garden filled with herbs, the bakery exudes a timeless serenity.

P.94  
Bakery Cafe / YUGEJIMA   
Kitchen 313 Kamiyuge

090-7371-6888  
 kitchen313kamiyuge.com  
 Kamiyuge 313, Yuge  
 TUE, THU, SAT 11:00 - 15:30  
CLOSED MON, WED, FRI, SUN  
 2, Front deck with bench  
 3min from Kamiyuge Port  
 Takeout OK

## A little intrusion into the island's "ordinary"

A cafe 5 minutes walk from Sashima Port, run by Ayami and Shinsuke Yamanouchi. They transformed a former community kindergarten into a cozy cafe filled with books and art where you can relax. The cafe is popular among local parents, and also travellers wanting to experience the slower pace of life on the island of Sashima. The family's warm personalities and their friendly smiles create a special place to remember.

P.93  
Cafe / SASHIMA   
book cafe okappa

0897-72-9229  
 Sashima 694, Yuge  
 available  
 FRI, SAT, SUN 11:30 - 17:00  
 Counter 3, Table 4, Private rooms 4  
 5min from Sashima Port  
 Takeout OK  
 5stars



1 Bagels and white bread are so popular that people come from afar to buy them. 2 Maki, the owner. In 2014, she renovated the storehouse next to her home and opened the shop. 3 She made good use of the historical building in her design. 4 It is made one by one by hand kneading.



1 The whole family with eldest son "Aoba" and little sister "Mitsuha" who was born in Okappa! 2 The building used to be a nursery school in front of the community meeting place. 3 Look for this white sign when the shop is open. 4 Classic chicken curry (1,000 yen). 5 The mural inside the shop was painted by a family of french artists.



## A Curry Shop that is Fun for both Adults and Children

A renowned curry restaurant created by seasoned chef Kazutaka Maekawa, who spent 50 years perfecting his craft in ship kitchens. A native of Sashima, Maekawa opened this beloved spot with his wife, Midori, to share their carefully honed flavors. "Aru" curry features a delightful blend of rich onion sweetness and a satisfying spiciness. The shop is easily recognized by the signal flags outside, welcoming visitors with a maritime touch.

P.95  
Curry shop / YUGEJIMA @

### TRATTORIA ARU

☎ 080-2649-0001  
📍 Shimoyuge 716, Yuge  
🕒 11:00 - 14:00  
CLOSED TUE, WED, THU  
🚗 Inside 10, Front yard 12  
🚶 15min from Yuge Port  
📦 Takeout OK 📺 available



1 The owner, Mr. Kazutaka (left) and his wife, Ms. Midori (right). 2 Happy toppings and a menu that is safe for small children. 3 Lemon yellow kitchen car for business events. 4 A welcome signal flag that serves as a landmark of the shop, a spacious artificial lawn garden and garden seats where children can play.



## A Stylish DIY Pizza Shop

An authentic stone oven pizza shop run by Motonori and Miyoko Fujita. This couple, who enjoys driving an old MINI and building stone kilns, turned their passion for baking pizza and homemade yeast bread into a shop. Using Italian flour, mozzarella cheese, and locally sourced tomatoes and basil, they create delicious freshly baked pizzas and paninis. Don't miss the opportunity to try their mouthwatering creations, accompanied by a wide selection of imported beers.

P.95  
Pizzeria / YUGEJIMA @

### IPPUKU

☎ 080-4635-8334  
📍 Ota 114, Yuge  
📺 available  
🕒 SAT, SUN, HOL 11:00 - 14:00  
CLOSED MON - FRI (Open on holidays, Check business days on 📺)  
🚶 Counter 4, Table 6, Terrace 2  
🚶 15min from Yuge Port  
📦 Takeout OK 📺 available



1 Mr. and Mrs. Fujita's main business in construction, and they also designed and constructed the shop themselves. 2 The pizza is a type with a sticky ear and is satisfying to eat. The standard Margherita and Yuge nori and mentaiko pizza are popular. 3 The DIY gives a homely rustic feel.



Panini is made by sandwiching island vegetables and Italian cheese between homemade bread and baking it in a special hot sandwich maker.  
¥880

## AUTHENTIC JAPANESE TEA AND COFFEE



1 Enjoy reading and drinking in the cosy shop. 2 Mr. Yutaka Yamaue, the shop owner. 3 The recommended drink is the matcha latte. The glass features the shop's original character, "Cha no Ha-chan."

11 P.95

Book and Tea Shop / YUGEJIMA

### YUTAKA no HONYACHAN



The origin of this fun shop's name comes from the fact that it not only sells books but also delicious Japanese tea. The owner, Yutaka Yamaue, is a novelist and copywriter, and is also a certified Japanese tea advisor. The tea is sourced directly from tea farmers in Uji, Kyoto, and in addition to traditional Japanese tea menu items such as sencha and hojicha, there are also a variety of drinks such as matcha latte.

☎0897-72-8108 📍Shimoyuge 225, Yuge 📶available 🚶5  
 🌐r.goope.jp/honyatyan 🕒10:00 - 18:00 CLOSED MON, 3rd SUN  
 🚶5min from Yuge Port, 30sec from Yuge Town Office



1 The view while drinking is unmatched. 2 Coffee beans carefully roasted by the owner. 3 Owner Amako Tsukasa brews coffee by hand drip.

12 P.93

Coffee Shop / IKINAJIMA

### YUMESHIMA COFFEE ROASTERY -WABIZUKI-



Kamijima town's first home-roasted coffee specialty store opened in July 2024. Tsukasa Amako, a former teacher, roasts the beans in-house and carefully serves coffee. There are about four types of beans available at all times. With a focus on beans from around the world, you can enjoy a variety of flavors while you witness a beautiful panoramic view of Yuge and Sashima Island. You can also take the beans home to enjoy later.

☎090-9511-0584 📍Ikina-port office 2F, 448-2 Ikina 📶available  
 🚶10 🌐yumeshima.base.shop 🕒10:00 - 16:00 CLOSED SUN, MON, TUE  
 🚶3min from Tateishi Port



## Fresh Seasonal and Freshly made Taste

Warashibe delivers the delicious taste of local ingredients like citrus fruits straight to customers. Owner Shintaro Oka personally meets with producers, sharing their stories and passion for quality with people. Iwagijima BASE, a lemonade stand he created, serves as a bridge between agriculture and tourism. Using fully ripened lemons harvested after March, they offer refreshing lemonades and drinks.

13 P.92

Lemonade Stand / IWAGIJIMA

### WARASHIBE IWAGIJIMA BASE

☎090-4585-4500  
 📍Iwagi 553  
 🕒SAT, SUN, HOL 12:00 - 16:00  
 (Check business days on SNS,  
 Closed during winter season)  
 🚶Counter 2, Table 4  
 🚶8min from Iwagi Port  
 📦Takeout OK



1 Mr. Oka, the owner. The gentle afternoon light shining through the window. 2 Two-layered lemonade made with lemon syrup from the island produced locally for local consumption. 3 Special spicy curry is perfect with craft beer and lemonade! 4 Lemonade stand on the sea "Iwagijima BASE".



## Plenty of Island Delicacies

This island cafe offers meals made with locally sourced ingredients. The menu features handmade dishes like the "Picked Vegetable Lunch," highlighting healthy wild grasses and seaweed harvested on the island, as well as sautéed lemon pork from Iwagi Island. Don't miss the recommended "Lemon Pork Burger,". It's a palm-sized option, enjoyed by cyclists and locals alike as a post-lunch treat.

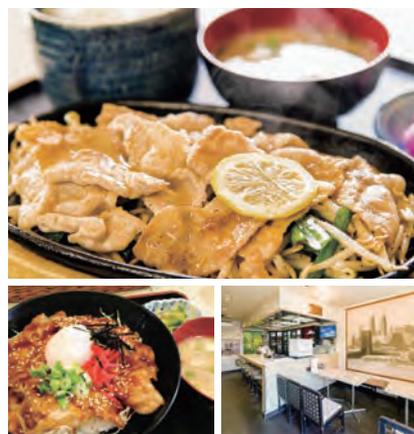
1 Lemon pork burger. Small and easy to eat. 2 Picked greens lunch is the fruit of the wisdom of island mothers. 3 The appearance of the shop. 4 Ritsuko Murakami, the owner (left), and Tomomi Murakami, daughter. 5 You can also buy souvenirs from the islands. 6 Lemon pork saute lunch.

14 P.95  
Cafe Restaurant / YUGEJIMA

### SHIMA DE CAFE

☎ 0897-77-2232  
🌐 shimano-kaisha.co.jp/cafe  
📍 Shimoyuge 830-1, Yuge  
📶 available  
🕒 9:30 - 17:00 (L.O.16:30)  
🚫 CLOSED TUE, New Year's Day  
🚶 34 7min from Yuge Port  
📦 Takeout OK 🗨️ Souvenir sales

## LET'S EAT IWAGI LEMON PORK!



15 P.92  
IZAKAYA / IWAGIJIMA  
MISTY KAMEI



Located behind the town office Iwagi branch, just off Iwagi Port, this izakaya is also open for lunch. Try their signature lemon pork tororo rice bowl, made with Iwagi's special pork, or opt for the lemon pork stir-fry set meal where you can choose your seasoning. In the evenings, it transforms into an izakaya, offering a variety of a la carte dishes that pair perfectly with sake. Don't forget to check out the daily recommendations on the cork board.

☎ 0897-75-2936  
📍 Iwagi 1523  
🕒 11:00 - 13:00 (L.O.)  
17:00 - 20:30 (L.O.)  
🚫 CLOSED SUN, HOL 🚶 56  
(Tatami room available)  
🚶 2min from Iwagi Port  
📦 Takeout OK

*We will open a store with a cute truck!*



16 P.92  
Cafe Restaurant / IWAGIJIMA  
LEMON HEART



Located in the Iwagi Port, this coffee shop offers a full menu of meals, including a recommended dish featuring lemon pork, a specialty of Iwagi Island. The Ganso Lemon Pork Don is a local favorite, consisting of stir-fried meat and a fried egg on rice, topped with a special lemon juice sauce. Many shops on the island offer this dish, so it's enjoyable to eat while sampling around. Additionally, the shop "Limone Plaza" in the port office is a great place to visit.

☎ 0897-75-3277  
📍 Iwagi 1427-2  
📶 available  
🕒 9:00 - 16:00  
🚫 CLOSED SUN  
🚶 20 1min Inside Iwagi Port Office  
📦 Takeout OK



*We recommend the lemon busse, which combines lemon peel cream and fluffy pastry to create a perfect combination!*

## UNIQUE STOPOVER SPOTS



17 P.94

Sweets Shop / YUGEJIMA @

### OYATSU TIME



This shop sells "Kamirin Yaki", doll-shaped baked sweets based on Kamijima Town's mascot character, Kamirin. The owner, Yoko Uneda, opened the shop to make "a beloved souvenir from Kamijima." You can enjoy the standard flavors of specially made bean paste, chocolate, and custard, as well as seasonal flavors. The shop is right in front of the sea, and there is a rest area where drinks are sold, making it the perfect place to take a break on cycling! There is also a new product, "Kamirin Sable".

☎0897-72-9227

📍 Kamiyuge441-1, Yuge

🕒 11:00 - 15:00

🚪 CLOSED MON, TUE, THR, FRI

🚶 5min from Kamiyuge Port

📦 Take Out Only



*Kamirin sable is perfect as souvenir!*  
¥300



18 P.92

Farmer's Cafe / IWAGIJIMA @

### Nouson 808



This cafe is directly managed by Blue Lemon Farm, a farm on Iwagi Island that produces a wide range of citrus fruits, vegetables, strawberries, and more. You can enjoy drinks such as lemon squash filled with home-grown frozen lemons and strawberry milk, as well as freshly baked bread and pastries. It is located along the circular road around Iwagi Island, and has resting seats both inside and outside the store, making it an easy place to stop for a break while cycling.

☎0897-74-0756

📍 Iwagi 3910-1

🕒 11:00 - 15:00

🚪 CLOSED SUN to THU

🚗 3min from Okogi Port



*"Strawberry Milk" is delicious because it is directly managed by a farmer.*  
¥550



## An authentic Sushi Izakaya "TOTOYA"

Located in the Yuge town council building. It is often used by locals for drinking parties and banquets, and is popular for its casual atmosphere and delicious food. Ryuji Iwakoshi is an authentic chef who trained at a Japanese restaurant in Kyoto, before coming home to his home island. Try the nigiri and fatty pickled mackerel oshizushi wrapped in soft kelp. There are also many other izakaya menu items, making it a casual place for families and sailors alike. They also offer takeaway sushi, so you can enjoy it at your guesthouse.

19 P.95

Sushi Izakaya / YUGEJIMA 📍📞

### TOTOYA

☎080-1906-9692

📍 Shimoyuge 210, Yuge

🕒 available 11:30 - 13:30, 17:30 - 21:00 (L.O. 20:20)

🚪 Saturday nights only, Sundays banquets and catering (reservations only)

🚶 5min from Yuge Port

📦 Takeout OK



*An authentic and luxurious lunch box "YUGE UMI no EKIBEN" prepared by a Japanese chef. Perfect for lunch on a yacht. ¥2,500 (Reserved required)*



1 Iwakoshi-san, the head chef at Totoya. 2 The store is on the first floor of the Yuge branch office of Kamijima Town Hall.

## COME FOR A DRINK AT THE LOCAL IZAKAYA AND KARAOKE

20 P.95

Karaoke / YUGEJIMA  
KOMAUTA

Located in Shimoyuge, there is a karaoke cafe also serves light meals. The store is named after the town revitalization company, Komaman, which fulfilled the residents' wishes based on a questionnaire. They serve snack food and ramen as well to enjoy while singing!



☎0897-77-2222 📍 Shimoyuge 232, Yuge CLOSED SUN, 2nd, 4th SAT 🕒 20  
🕒 12:00 - 16:00, Open at night (Reservations only) 🚶 7min from Yuge Port

21 P.93

Izakaya / IKINAJIMA  
OKAERINASAI

At the tavern on the second floor of the Tateishi Port Office, you can dine while gazing at the ferry and the lights of Innoshima on the opposite shore. Mr. Ohashi, the owner, recommends chicken sashimi made with Daisen chicken prepared in the morning. The name means "welcome home" can come home and relax.



☎080-2908-8990 📍 Ikinajima 2111-2 available  
🕒 17:00 - 23:00 (L.O. 22:00) CLOSED SUN, HOL 🚶 40  
🚶 Tateishi Port Office 2F 📦 Takeout OK

*We also have plenty of Japanese SAKE!*



22 P.95

Karaoke Izakaya / YUGEJIMA  
SUIKOTEI

A shop that combines the character of both a karaoke cafe and an izakaya. The space inside the store is separated by doors, and karaoke can be enjoyed in either area. Mama warmly welcomes you at karaoke. At the izakaya, the master serves dishes that focus on local fish and other ingredients (reservation required).



☎0897-72-9353 📍 Shimoyuge 841, Yuge 🕒 Daytime Karaoke 13:00 - 16:00  
(7 days a week), Night karaoke/izakaya 18:00 - 22:00 (CLOSED FRI, SUN)  
🚶 Karaoke 12, Counter 7, Tatami room 8 🚶 9min from Yuge Port

23 P.94

Yakiniku / YUGEJIMA  
DONGURI

The only yakiniku restaurant in Kamijima Town, that has been loved by locals for many years. It is a place where people of all ages gather to interact. Depending on the season, the drink may contain lemons grown by the owner, Mr. Murakami. Saturdays and Sundays only lunch is yakiniku donburi and organ meat udon.



☎0897-77-2256 📍 Kamiyuge 1648, Yuge 🕒 17:00 - 21:00,  
11:00 - 13:30 (Lunch is only served on SAT and SUN) CLOSED MON 🚶 25  
🚶 1min from Kamiyuge Port 📦 Takeout OK

## TRY "OKONOMIYAKI" THE ISLAND'S SOUL FOOD!

24 P.95

Okonomiyaki / YUGEJIMA  
RAMENTO

Despite the name of the restaurant, "Ramento", ramen is no longer on the menu, and it operates as an okonomiyaki restaurant. However, they are proud of their noodles, and they are particular about the crispy and chewy texture of the okonomiyaki. Located next to the Yuge Branch of Kamijima Town Hall.



☎0897-77-2932 📍 Shimoyuge 829-1, Yuge 🕒 11:00 - 14:00  
CLOSED MON 🚶 13 🚶 7min from Yuge Port 📦 Takeout OK

25 P.94

Okonomiyaki / YUGEJIMA  
NISHINO

An okonomiyaki restaurant in front of Kamiyuge Port. It has a warm atmosphere and is a place for locals to relax. While eating, you can converse with local customers and Nishino-san for an authentic island experience. For the menu, we recommend the "Special" with squid and shrimp!



*Shaved ice is popular in summer, Oden is also delicious in winter!*

☎0897-77-2577 📍 Kamiyuge 245, Yuge 🕒 10:00 - 19:00  
CLOSED MON, TUE 🚶 10 🚶 Next to Kamiyuge Port 📦 Takeout OK

26 P.95

Okonomiyaki / YUGEJIMA  
Jumbo Takoyaki HAMAOKA

Originally it started with takoyaki, so although it is not currently on the menu, it remains in the name of the restaurant. Located in the seaside mall near Yuge Port, the red curtain is a landmark. It is always crowded with local customers. For okonomiyaki, you can choose between soba and udon noodles, and small, medium, and large sizes.



☎0897-77-2258 📍 Shimoyuge 1037, Yuge 🕒 10:00 - 13:30, 16:00 - 19:00  
CLOSED WED 🚶 12 🚶 1min from Yuge Port 📦 Takeout OK

27 P.95

Okonomiyaki / YUGEJIMA  
MICHIKUSA

Coupled with the cozy atmosphere of the restaurant, you can enjoy some nostalgic okonomiyaki in a relaxing time unique to the island. There are repeat customers from outside the prefecture seeking the taste that has been handed down from mother to daughter. The sauce they use here is different to the other shops too.



☎0897-77-3426 📍 Shimoyuge 6052, Yuge 🕒 11:00 - 14:00, 17:00 - 19:00  
CLOSED THU 🚶 8 🚶 10min from Yuge Port 📦 Takeout OK

## MEALS, CATERING

28 P.93

Okonomiyaki / IKINAJIMA ☎  
MEH MEH

Near Tateishi Port, Hiroyuki and Kumiko Obayashi run a friendly okonomiyaki restaurant, easily spotted by the goat. Loved for its warm atmosphere and flavor, the shop uses home-grown vegetables and offers daily side dishes. Kids will also love the shaved ice and retro snacks on hand, making it a cheerful stop for all ages.



☎080-9082-8080 📍 Ikinajima 1990 🕒 Lunch: 11:00 - 14:00, Dinner: 17:00 - 19:00  
CLOSED TUE, WED 🚶 3min from Tateishi Port 📦 Take Out OK

29 P.95

Ramen shop / YUGEJIMA  
DON RAMEN

A shop where you can enjoy nostalgic simple Onomichi ramen. This shop is a re-opening of a ramen stall that was famous from the 80's to the 2000's when it was operated from a stall on Matsubara beach during the summer months. The location is different but the taste is unchanged.



☎0897-74-0866 (Yamazaki) 📍 Shimoyuge 1037, Yuge 🕒 11:00 - 13:30  
CLOSED WED, SUN 🚶 7 (Outside seating available) 🚶 1min from Yuge Port

30 P.93

Deli / IKINAJIMA ✂  
NAKAURA

A log house-style shop near Ikinajima Nursery School. They offer homemade lunches and catering. You can also eat in at the table seats in the store for the daily bento and croquettes. Try the freshly fried Ikinajima miso croquette made with local Ikinajima miso and Iwagi lemon pork.

*Ikinajima Miso Croquette is a gem that is popular with cyclists!*



☎0897-76-3044 📍 Ikinajima 1656 🕒 9:00 - 17:30 CLOSED SUN 🚶 10  
8min from Tateishi Port 📦 Takeout OK

31 P.93

Banquet, Catering / IKINAJIMA  
MIYUKI

Offers lunch boxes and catering. Reasonable bento boxes are popular. You can hold a banquet by reservation only. The bento lunches are prepared daily according to the budget, and are delivered not only to Ikinajima, but also to Yuge, Sashima, and Iwagi. We accept orders from individuals as well as businesses.



*Up to 30 seats in the 2nd floor banquet hall*

☎0897-76-3178 📍 Ikinajima 1890 CLOSED Irregular holidays (Reservation required) 🚶 30 🚶 3min from Tateishi Port

SPECIALTY PRODUCTS

# Seeweed "NORI"

Nori is a popular seaweed crop in the Seto Inland Sea, and Kamijima Town in particular is one of the top seaweed producing areas in Ehime Prefecture in terms of landed volume. Nori is mainly cultivated off the coast of Yuge Island and Uoshima, and as it gets colder, the sight of seaweed nets being spread out in the sea is a typical winter sight in this area. Please consider buying some seaweed lovingly cultivated by local fishermen as a souvenir.

Seasoned Seaweed



There is "Yuge Nori" made from seaweed harvested off the coast of Toyoshima on Yuge Island, and "Uoshima Nori" from the coast of Uoshima. It is thick and has a strong sweet and spicy flavor. You can enjoy it by wrapping hot rice balls in it, as a snack with alcohol, or tearing it up and sprinkling it on rice bowls.

Sheet of Seaweed



This type of seaweed has a lot of fans because it has a richer sea scent than seasoned seaweed. It is uncut and can be used for thick sushi rolls and hand-rolled sushi. The aroma will be more pronounced if you lightly grill it. Like seasoned seaweed, this type of seaweed is also available from Uoshima and Yuge.

Rock Seaweed Flakes



This product is made by drying farmed rock seaweed into flakes. It quickly rehydrates in hot water, so sprinkle it on miso soup or Chinese soup to instantly create a soup with the aroma of the sea. It is also convenient to use when you want to change the flavor of udon, soba, ramen, etc.

Seaweed Tsukudani



This is seaweed tsukudani (simmered seaweed) that is lovingly cooked by the wives of fishermen in Yuge. It has a subtle sea scent and a rounded flavor with shiitake mushroom stock and mirin. It is a perfect accompaniment to freshly cooked rice, and can also be used as a pizza topping, dressing, or mixed into salads.

📖 The Story of "NORI"



### 📍 About Seaweed Fishing

Nori grows in the cold season. On Yuge Island, the seaweed nets are seeded in the fall, and then in winter the nets are spread out in the waters from the east coast of Yuge Island to the waters off the coast of Toyoshima. You can see the seaweed nets from around Otani and Kario on Yuge Island.



# “LEMON”

Iwagi Island, known as “Blue Lemon Island,” has been cultivating lemons since the 1970s, establishing itself as a pioneer in Japanese lemon farming. These lemons are grown without wax or preservatives, emphasizing natural quality. In addition to fresh fruit, many products make use of the whole lemon, from the juicy pulp to the aromatic peel.

## Green Lemon



Freshness unique to Japan, Iwagi's “Blue Lemon” is harvested from autumn to late autumn. As the weather cools, it ripens to a yellow hue. Enjoy its vibrant, distinct aroma—different from traditional yellow lemons—capturing the essence of the island.

## Lemon Pork



These pigs are raised on a special diet incorporating lemon pulp and locally developed feed, thriving in the island's warm climate and sea breezes. Their meat is known for its sweet, flavorful fat and tender texture. Available at local restaurants and as frozen souvenirs.



## Lemon Cake



This handmade cake is crafted with abundant lemon juice from Iwagijima, offering a refreshing lemon scent and a moist, satisfying texture. It's a popular souvenir, available in both individual packaging and boxes of five.

## Lemon Products



The Iwagi Product Center offers a variety of lemon-related products, including 100% lemon juice, jam, lemon liqueurs, and lemon aroma oils. It's the perfect place to purchase local lemon souvenirs and enjoy the fresh, zesty flavors of Iwagi Island.

 The Story of “LEMON”



## The LEMON CYCLE

Various products are created from lemons grown on Iwagi Island, with the squeezed lemon pulp being used as feed for lemon pork. The waste from the lemon pork is composted into organic fertilizer, enriching the island's soil. This natural cycle nourishes the land, helping to grow delicious, safe citrus and vegetables.



## ImoGashi

SWEET POTATO CHIPS

Tamura Foods  
Bag / Box



Iwagi Island is proud of its traditional sweets, including potato confections. They are manufactured by Tamura Foods on Iwagi Island. They are said to have originated in the Taisho era, and are carefully made by hand using traditional methods. They are a little softer than the so-called Kochi potato kenpi. They are a simple snack of deep-fried sweet potatoes sprinkled with sugar, but they are so delicious that you won't be able to stop eating them once you start. They are reasonably priced and make a great souvenir. They are also very popular with children.

## Mugi-Miso

BARLEY-MISO

Sashima  
Miso



Ikina  
Miso

When we think of miso on our island, we think of barley miso. Since ancient times, each household on the island has made their own “homemade miso”. Today, a group of mothers from Ikinajima and Sajima have carried on this tradition. Barley and soybeans (for Ikinajima miso, they are added to glutinous rice) are steamed, mixed with koji mold, and then carefully aged in a barrel. Depending on the temperature of the year, new miso is usually ready around autumn. It can be purchased at shops in town.

 The Story of “MISO”



Aoki Farm

## Citrus Juice

Sugar Farm



Recently, young farmers have started to process the citrus fruits they harvest at their farms into juice and sell it. We introduce here the “Shima Mikan” and “Harehime Madonna” varieties from Aoki Farm (left), and the “Mikan” and “Madonna” varieties from Sugar Farm (right). All of them have a rich, full-bodied flavor that truly captures the taste of the island's soil and sun. Enjoy the different flavors from each farm and from each year.

Yumeshima  
Lemon Beer

## Craft Beer

Yumeshima Ale  
GreenLemon  
YugeHyokan



Craft beer using citrus fruits grown in the town, such as lemons and Yuge Hyokan, has started to go on sale in recent years. As of the end of 2012, there are two flavors of “Yumeshima Ale” (pictured right), “Blue Lemon” and “Yuge Hyokan,” as well as “Yumeshima Kaido Lemon Beer” (pictured left). When you drink it, the aroma of citrus fills your mouth, making you feel like you've arrived on the island of citrus. Try it at a restaurant in the town.

 To purchase local specialties, visit the stores on P86-87.

# Kamijima's citrus fruits

Many delicious citrus fruits are grown in Kamijima Town, including the famous "blue lemon" as a high-quality domestic lemon. Here are some of them!



## Mikan

As the season progresses, the sourness will decrease and the richness (deepness of flavor) and sweetness will increase.

SEASON late SEP - late JAN



## Lemon

The blue lemons (young fruits) from Iwaki Island are not only sour, but also sweet, and when cut, they have a wonderful fragrance.

SEASON early SEP - late APR



## BeniMadonna

The pulp melts in your mouth like jelly, and it goes down smoothly. Produced only in Ehime Prefecture.

SEASON late NOV - late DEC



## Harehime

Less sour, sweeter and richer in juice. Ehime Prefecture is the number one production area in Japan.

SEASON late NOV - early JAN



## Kanpei

The chewy flesh has a refreshing aroma and sweetness. Produced only in Ehime Prefecture, it is named for its sweet taste and flat shape.

SEASON mid JAN - mid FEB



## Hassaku

Exquisite harmony of refreshing taste and faint bitterness. It has a good aroma and slightly less juice, and has a crisp texture.

SEASON late JAN - late MAR



## Tamami

It has a firm sweetness and mellow acidity, and a refreshing taste. It is produced in large quantities in Kamijima Town and is sold as "Shimahime".

SEASON late JAN - early FEB



## Setoka

Aroma, color, taste, all are tightly concentrated and have an excellent flavor. The flesh is soft and rich in juice. The citrus king.

SEASON late JAN - mid MAR



## Shiranui (decopon)

These fruits are characterized by their strong sweetness, moderate acidity, rich flavor, and unique appearance.

SEASON early MAR - early APR

# EXPERIENCE

From sea activities to learning about the island.

You can experience a variety of activities here.



## KAMIJIMA ECO-TOURISM

Eco-Tourism is not just about the natural environment; it is a form of tourism that allows you to learn about history and culture while experiencing it firsthand.

In Kamijima Town, the islands serves as our field for various activities such as sea kayaking, cycling, camping, and SUP.

These activities not only connect you with the island's history but also provide opportunities to experience the way people live, enabling a deeper understanding of the island.

We offer a variety of experiences to cater to different interests and enhance your overall exploration.



Yuge Island's "Eco Field Matsubara" is a campsite committed to sustainable coexistence with nature. To protect the pine forests and maintain a serene environment, the campsite has limited users and introduced a fee system since 2020. Families can enjoy the beautiful white sands and green pine trees while contributing to conservation and sustainability. This eco-friendly site offers a unique opportunity to reconnect with nature, while preserving the island's lush landscapes for future generations to enjoy.

1 P.95

Camping / YUGEJIMA

### ECO-FIELD MATSUBARA FAMILY CAMP SITE

KAMIJIMA TOURISM ASSOCIATION

☎ 0897-72-9277

🌐 [kamijima.info/ecotour/family-camp](http://kamijima.info/ecotour/family-camp)

📅 APR - OCT CLOSED NOV - MAR

(Pine forest conservation period)

🕒 Check-in 13:00, Check-out 11:00

👤 Family limited (up to 7 people / 1 site)

💰 5,500yen / 1site 1night

🏕️ 5 sites in total 🚗 available

🚭 No smoking

Reservation required (up to 2 days in advance from the website)

\*After making a provisional reservation on the Internet, we will check the availability and contact you.

\*Price includes campsite usage fee, parking fee, faucet usage fee, and pine forest conservation fee.

\*Payment will be made in cash at the reception desk on the day.

\*Cancellation on the day will be charged in full



1 A family spending time at a family campsite. 2 The sun rises directly in front of you.

3 The shade of the pine trees is comfortable. 4 A popular campground with repeat visitors every year.

## CONNECT THE COMMUNITY AND CAMPERS



This grassy campsite by the sea showcases Ikina Island's untapped resources. Try the BBQ set, featuring delicious wild boar meat fed on the island's citrus fruits. Local residents also offer firewood and beetle collecting experiences. Connect with the community and enjoy the unique offerings of the island. The peaceful surroundings and authentic local experiences make this a perfect destination for nature lovers looking to escape the bustle of everyday life.



2 P.93

Camping / IKINAJIMA   

### "SOUND HAKANDA" Camp Site

YUMESHIMA CLUB

☎ 0897-72-8905 📍 Ikina2798

📍 yumeshima.club/camp 📅 Held all year round

🕒 Check-in until 17:00, Check-out from 8:00-

🕒 1,100 yen~/night/tent + 760yen/night/adult,

540yen/night/children 🏠 Up to 50 tents, empty-

handed camping acceptance OK reservation required

📄 available 🚗 5min from Tateishi port

\*Rentals such as camping equipment and fishing rods are available. See website for details. \*Online reservations can be made up to 5 days before the date of use. After that, by phone. \*Please refrain from canceling ingredients.

1 The symbol is the two Himalayan cedars in the center. Quiet time after 21:00. For those who value a quiet night. 2 Full view of the site. Equipped with shower room, toilet and kitchen. 3 Magic Hour in Hakanda. 4 Citrus wild game BBQ set.



## Mt. SEKIZEN 3,000 SAKURA TREES

The spiritual symbol of the people of Iwagi Island is the 3,000 sakura trees on Mt. Sekizen (370m above sea level). The forest road stretching from the foot of the mountain to near the summit is lined with sakura trees for about 4km, and you can enjoy cherry blossoms everywhere along the mountain path. These trees have been planted steadily by the people of Iwagi Island for about 80 years. Currently, a project to replant the old sakura trees is underway in the hope of passing the sakura road on to the next generation.



For the special feature on Iwagi Island and Mount Sekizen, "The People Who Protect the Three Thousand Cherry Trees" →



Camping / TSUBAJIMA

### Camping Experience on an Uninhabited Island

About 2 km off Iwagi Island, Tsuba Island Campground is accessible only by boat, offering a true sense of escape. While visitors bring their own food and water, the site includes a rest house with showers, kitchen facilities, and toilets, plus stone ovens for rent. Perfect for families, groups, or company retreats, it's a rare spot for an authentic island survival experience.



YOSHIMASA

☎ 0897-75-2267

📍 yoshimasa.jp/camp

🕒 Facility usage fee

Adult 1,100 yen/night,

Elementary school students

and younger 900 yen/night,

Set-up/accommodation fee

Tent 1,000 yen/stretch

Ferry (reservation required,

fee applies)

3 P.95

Camping / YUGEJIMA

### Shimanami SOLO Campsite

Run by Shinji Masuzaki, who also teaches yachting, this private campground only takes one group per day. Great for families and friends can enjoy the island at their own pace. Tents and equipment are available for rent, and a small air-conditioned cottage with kitchen and toilet is also on site, just a minute's walk from the sea.



Kamijima Cruising

☎ 090-3743-7307 [Masuzaki]

📅 Held all year round

🕒 Facility usage fee

Tent stay only: 5,000 yen,

Cottage stay: 10,000 yen,

for 2 or more people +1,000 yen/person

👤 1-10 people max 📄 available

🚗 5min from Yuge port

Reservation required

(by phone by the day before)

## ENJOY THE SHELTERD WATERS OF KAMIJIMA



Experience the tranquility of paddling a small kayak, gliding silently across the sea. Discover uninhabited beaches and witness stunning sunsets over remote islands. Our knowledgeable guides share insights on the ecosystem and the historical relationship between humans and the Seto Inland Sea. It's a nature experience filled with learning opportunities. As you paddle, you'll feel a deeper connection to the environment, making it a perfect way to explore the hidden gems of the region.



1 Kayak boats are available in single (one-seater) and tandem (two-seater). 2 You can also enjoy watermelon splitting on an uninhabited beach during the tour. 3 The sunset course that starts rowing in the evening is also exceptional.

4 P.93

Sea Kayaking / SASHIMA

## Sea Kayak Tour

## KAMIJIMA TOURISM ASSOCIATION

☎ 0897-72-9277

🌐 [kamiijima.info/ecotour/kayak](http://kamiijima.info/ecotour/kayak)

🕒 AM, PM, 1DAY, SUNSET

👤 1 - 10 people (Target age: 10 years old and over) Consultation required for more than 10 people

💰 from 6,600yen / 1 person

📌 available, changing room and shower available  
Reservation required (up to 3 days in advance from the Internet)

\*After making a provisional reservation on the Internet, we will contact you after confirming the arrangement of the guide etc.

\*Price includes insurance fee, equipment usage fee, and guide fee

\*Wetsuits and marine shoes are not available for rental.

\*Payment will be made in cash on site on the day

\*Junior high school students and younger ride together with parents on a tandem boat

\*Minors need parental consent

\*Cancellation on the day will be charged in full

\*Determination of operation in case of bad weather depends on operation regulations.

1 P.95

SUP school / YUGEJIMA

## SUP while relaxing on Matsubara beach

Join our SUP school on Yugejima's Matsubara Beach. Learn from instructor Shinsuke, certified by the Japan SUP Instructors Association (SII). Discover the joy of SUP while prioritizing safety. Master essential skills like reading tides and wind conditions. Get ready to explore the sea with confidence.

## KAMIJIMA TOURISM ASSOCIATION

☎ 0897-72-9277 🌐 [kamiijima.info/ecotour/sup](http://kamiijima.info/ecotour/sup)

🕒 SAT,SUN,HOL CLOSED OCT - JUN 🕒 AM, PM, SUNSET

👤 Up to 6 people (elementary school students and above) Consultation required for more than 6 people

💰 6,600yen / 1 adult

📌 available, Locker and coin shower available

Reservation required (up to 3 days in advance from the Internet)

\*Settlement will be settled in cash on the spot on the day. The decision to implement in bad weather is based on the operating regulations.



1 At Matsubara Beach, which overlooks the limestone mountain, the symbol of Yugeshima. 2 You can enjoy SUP safely in the calm sea. 3 The instructor is Shinsuke Hanabusa.

2 P.93

SUP school / IKINAJIMA

## Exciting Exploration of the Island Sea

Join Go Kubota, an experienced SUP enthusiast, for a guided tour. Starting from Hakanda on Ikinajima, you'll receive basic training before exploring nearby islands, discovering hidden rock crevices, and landing on uninhabited beaches. Mr. Kubota aims to provide a refreshing escape, offering endless opportunities to enjoy the sea around the island.

## Rakuoli

☎ 050-3557-9371 [Kubota] 🌐 [rakuoli.com](http://rakuoli.com) 👤 Up to 4 people

🕒 AM, PM, 1day 💰 6,000yen / half a day, 8,500yen / 1day

📌 available Reservation required (from the Internet by the day before)  
SUP rental available

\*For the safety of the participants, those who the organizer determines cannot ensure safety may not be able to participate.



1 Go along the side of the strangely shaped rocks around Ikinajima. 2 Mr. Go Kubota, an instructor. 3 Fun and kind instruction according to the levels.

## HAVE FUN ON THE SEA IN MANY WAYS!



1,2 In addition to regular SUP, we propose various activities such as floating islands, mega SUP, and tent saunas that children can enjoy. 3 Mr. Shinji Otani.



1,2 A friendly atmosphere on a quiet yacht. 3 "When you pull this rope, the sail moves like this." Children are also very curious.

5 P.92

SUP and more / IWAGIJIMA

### A Coordinator Who Will Make the Island 100% Enjoyable

Shinji Otani, an Iwagi local, is an activities coordinator for playing and enjoying on the island. In addition to SUP and other sea activities, he also provides beachside tent saunas during the off-season and arranges farming experiences. He is also a game collector, and has a whopping 450 board games in his private house. Children and adults will not be bored even when it rains.

#### Believer

☎ 070-8931-8803 [Otani] 🌐 believer.amebaownd.com

✉ s.believerhouse@gmail.com 📅 Held all year round

🕒 from Adult 1 hours 1,800 yen / 1 person, etc.

(It depends on the season. See the internet for details.)

Reservation required (by email)



Yacht & Boat Class / YUGEJIMA

### A Classroom to learn the Fun of Yachts and Boats

A class where you can learn how to steer a yacht or boat from Shinji Masuzaki, a former teacher at Yuge Shosen National College of Technology. In the yacht class, the mechanism of sailing is explained in an easy-to-understand manner, and you can actually sail yourself. Mr. Masuzaki says, "I hope I can be the gateway to discovering the charm of yachts and boats." Even if you do not want to learn thoroughly, just enjoying cruising is worth it.

#### Kamijima Cruising

☎ 090-3743-7307 [Masuzaki] 📅 Held all year round

🕒 about 2 Hours 🚣 Boat: 5 people max, Yacht: 8 people max

Reservation required (by phone by the day before)

\*Adults under 70 years old, children above elementary school age and in good health. Wear comfortable clothes.

## LET'S ENJOY FRESH CATCH OF THE ISLAND!



The Yoshimasa Group offers fishing experiences along the Shimanami and Yumeshima Kaido. They provide fishing rods, rigging sets, and lessons for beginners to enjoy fishing with confidence. Afterwards, you can dine at Yoshimasa's restaurant on Iwagi Island, where fresh sashimi, simmered fish, and grilled fish can be prepared from your catch. The experience not only lets you enjoy the thrill of fishing but also indulges you in the freshest seafood.



15 P.92

Fishing / IWAGIJIMA

### EXPERIENCE FISHING

#### YOSHIMASA

☎ 0897-75-2267 🌐 yoshimasa.jp/fish

🕒 Half-day flight long (about 6 hours)

🕒 from 32,000 yen / 4people

Elementary school 2nd grade and above

(small children only boarding)

Reservation required (telephone only)

\* Rental rods are 1,500 yen each (with a rig)

\* Lost 1,000 yen or more per rig is required separately (depending on the type)

\* Cancellation fee is 30% 3days before, 50% the day before, 70% on the day, full amount if no notice is given on the day

\* Departures may be postponed or canceled depending on the weather conditions.



P.93  
 Yacht Sailing / KAMIJIMA TOWN    
**SHIMATABI YACHTS**

**SHIMATABI YACHTS**  
 ☎ 080-9530-2800 [Sam Saito]  
 🌐 shimatabiyachts.com  
 📅 March - November  
 ⌚ 2 - 4 hours  
 👤 1 to 6 people / Boat  
 (maximum 2 Groups)  
 💰 22,000 yen / pair (2 hours),  
 44,000 yen / pair (4 hours) / Group

\* There is a possibility of cancellation due to weather etc.  
 \* For more information on tour content and safety preparations, please contact us.

P.93  
 Rental ECO-Bike / SASHIMA   
**SHIMATABI CYCLE**

**SHIMATABI CYCLE**  
 ☎ 080-7845-6658 [Hiromi Saito]  
 🌐 mitsukojima.com  
 📅 Held all year round  
 ⌚ 10 hours, 24 hours, etc.  
 👤 1 to 7 people  
 💰 2,500 yen - 5,500 yen

Unique eco-tours that offer a blend of adventure and relaxation, ideal for both new and experienced travellers.

Daniel and Hiromi sailed from New Zealand to Kamijima with the whole family, and now call Shimatabi Base Camp on Sashima Island home, living their vision of "freedom sustainability."

Their eldest son Sam designed and built 2 catamaran yachts by hand and also offers yacht cruises with Shimatabi Yachts. Powered by wind and solar, these yachts can access hidden beaches, offering a unique way to explore the islands.

Hiromi also runs Shimatabi Cycle, an electric bike rental service solar powered by the camp. The foldable e-bikes make exploring the island's hills a breeze and can be taken onboard Sam's yachts for combined trips.

Sam's new brand Mizzen creates durable, lightweight bags made from recycled yacht sails — a perfect for adventurers and a memorable island keepsake. Visit the Basecamp on Sashima Island to see all that is on offer!



1 Captain Sam Springett. 2 Asanagi under sail. 3 Both boats can be pulled onto the beach. 4 Sunset cruises are very popular. 5 Mizzen bags are made of sails. 6 They are designed and handmade in Kamijima. 7 Use Shimatabi cycle to explore Kamijima!

## EXPERIENCE THE ISLAND IN NEW AND EXCITING WAYS!



1 An open car that matches the island's sea and sky. 2 Crossing the bridge in a bright red open car. 3 Feeling like you're flying in the sky.

8 P.94

e-Kickboard / WHOLE KAMIJIMA TOWN

### e-Kickboard Rental & GuideTour

Explore Yumeshima Kaido (P.66-67) with eco-friendly vehicle rentals and guided tours. Rechargeable vehicles kickboard scooters have an excellent range of 40 kilometers on a full charge. Experience the tranquility of nature as you ride silently. Beginners are welcome with instructions provided. Please bring a valid driving license. Start your eco-friendly adventure today!



#### YUGEJIMAN

☎ 0897-72-9277

🌐 kamijima-ecotourism.com

🕒 AM(9:00 - 11:00), PM(14:00 - 16:00)

👤 1 - 2 people (Moped license Required) 📄 Rental ¥3,300 / unit, Guided tour ¥6,600 / person

📍 Available (Yuge-Port parking lot) Reservation required (via internet)

\* After making a provisional reservation on the Internet, we will check the availability in the case of rental, and confirm the arrangement of the guide for the tour and contact you.  
\* Price includes insurance fee, equipment usage fee, and guide fee \* Payment will be made in cash on site on the day \* Full amount will be charged for cancellations made on the day

7 P.94

Rental Car / YUGEJIMA

### Yumeshima Rental Car

Cruise the islands in style, behind the wheel of a Mercedes SLK or Peugeot 207 CC. With no traffic lights or tunnels, the island roads invite a relaxed, open drive where the journey itself becomes part of the experience. Whether you're cruising along the Yumeshima Kaido or extending your route toward the Shimanami Kaido, every stretch feels unhurried and scenic.

#### MIRAI SEIKATU KENKYUSHO

☎ 090-5096-7691 [Kushida] 🌐 yumeren.com

📍 from 10,000 yen / 3H

For details on vehicle type, insurance, and more, please see the website.

### C+pod Weekend car rental

The compact two-seater electric car "C+pod" is available for rental on weekends only. It is quiet with no engine noise and is maneuverable, making it perfect for the narrow alleys of the island. You can start the car from the Kamijima Town Hall Yuge General Branch Office.

\*To use the service, you will need to download the "TOYOTA SHARE" app and register as a member. Please see the website for details on how to use the rental car.

[TOYOTA SHARE website]



## A GUIDED TOUR AROUND THE ISLANDS TO EXPERIENCE IT FOR YOURSELF

9 P.94

Town Guide / WHOLE KAMIJIMA TOWN

### Kamijima Adventures

Discover the 'dream islands' of Kamijima with Matt and Momo. Scooter and bicycle rentals are your keys to freedom, unlocking hidden gems at your own pace. For a deeper dive into the local culture, opt for a bespoke tour, where you go to meet warm locals and visit charming, off-the-beaten-path. This is an experience that feels like visiting a friend's home — casual, comfortable, and rich with authentic connections.

#### KAMIJIMA TOURS

☎ 080-4766-9282 🌐 kamijimatours.com

✉ matt@kamijimatours.com

🚴 Cycling tour from 10,000 yen / person (rental fee not included)

🛵 Scooter tour from 14,000 yen / person (including rental fee. License required)

\* Rates include insurance and guide fees \* Cancellation on the day will be charged in full



1 Satisfied tour guests! 2 Tourists experiencing the local festival. 3 Customers exploring the picturesque narrow roads of the islands. See website for details.



Town Guide / WHOLE KAMIJIMA TOWN 📍

### Yumeshima Turismo

After studying abroad in Italy as a student, Natsuki Sawada rediscovered the island's charms and started her business to share her love for her islands. She offers experiences such as harvesting in the fields and cooking with the vegetables, alongside bicycle, walking and trekking tours around Mount Sekizen, perfect for those who want to experience the island from the perspective of the local residents.

#### YUMESHIMA TURISMO

☎ 080-2881-1835 [Natsuki Sawada] 🌐 natsukisawada.com

🕒 All year round 🕒 4-5hours 👤 1 to 6 people 📄 13,000 yen / person

Reservation required (by phone at least 7 days in advance)

\* Tour details and timing to be discussed as I am currently raising a child.



1 Trekking at Mt. Sekizen. At the summit of Mt. Sekizen at sunset. 2 Natsuki Sawada. 3 Guides available in English and Italian.



P.92-95

CONNECTING YOU WITH YOUR DREAMS

## Yumeshima Kaido

The Yumeshima Kaido connects the dream islands of Iwagi, Ikina, Sashima, and Yuge with three majestic bridges.

Experience the allure of this incredible island hopping route, a hidden gem loved by those seeking an alternative to the popular Shimanami Kaido Cycling Route. As you traverse, exchange greetings with islanders on leisurely walks, a journey unspoiled by traffic lights or tunnels, ideal for beginners and families. Feel the thrill of 'walking on air' amidst gentle breezes and stunning sea vistas. With convenient facilities dotted along the way, all travelers can comfortably uncover this route's authentic charm and enchanting adventure.



1 People enjoy jogging or walking on the bridge in the evening. 2 Iwagi Bridge is high above the sea to allow ships to pass under, providing spectacular views of the surrounding islands from the top of the bridge.



### GUIDE MAP

The maps covering the entire Yumeshima Kaido are distributed throughout the town. You can download the PDF from the QR code.



## WITH THE SOFT LIGHT POURING DOWN



1 On this day, I spread out my yoga mat on the sandy beach at sunset. 2 A small bottle of Iwagi Island lemon essential oil. 3 Sumire Nishimura. She also works as an instructor for swimming and rhythmic gymnastics, mainly at Ikina Sport & recreation Park.

Yoga / WHOLE KAMIJIMA TOWN @  
Yoga on Lemon Island

Join Sumire Nishimura, a yoga instructor, in a transformative yoga experience amidst the island's natural surroundings. Embrace the wind, waves, and lemon-scented ambiance. Discover introspection and enjoy a refreshing drink infused with local lemons. Rejuvenate your mind, body, and soul.

## Sumire Nishimura

☎ 0897-77-2252 [Kamijima Town Tourism Strategy Division]

📅 Held Monday-Saturday morning or evening

🕒 Negotiable depending on the day of the week, takes about 1 hour

👤 2-10 people 📍 from 2,000 yen/person  
Reservation required (at least 3 days in advance)

\* Cancellation up to the day before (no cancellation fee)  
\* Conducted indoors in case of rain  
\* Participate in clothes that are easy to move in



1 Clearing your mind while basking in the morning sunlight. Miki is in the center. 2 Light massage with hands dipped in aroma oil. 3 The sound of tingsha (bells) creates an even more relaxing effect.

Yoga / WHOLE KAMIJIMA TOWN  
Yoga for Women

A yoga class hosted by Miki Sawamura from Iwagi Island. "For women, it is hard just to live due to the influence of hormones. The mind and body are connected, and I want to convey through yoga that the first thing to do is to calm your mind," says Miki. Through deep breaths, participants learn how to tend to their own well-being with kindness. Each session ends with a cup of her special blended herbal tea.

## Miki Sawamura

✉ mickey.yoga2021@gmail.com [Miki Sawamura]

📅 Held Monday - Saturday early morning or evening, anywhere in town

🕒 Takes about 1 hour 👤 1-10 people 📍 from 2,500 yen/person

Reservation required (at least 3 days in advance)

\* Cancellations must be made 2 days in advance.  
\* If you cancel on the day, the full amount will be charged.



Let's Run  
the Yumeshima  
on an "e-Bike"!

Some parts of the Yumeshima Kaido have long and steep inclines, so if you are not confident in your physical strength, we recommend using an electric-assisted bicycle. An "e-bike" is a sports bike with an electric assist that allows for a sportier ride than a typical electric bicycle. The cruising distance is long, and it is easy to go around the Yumeshima Kaido.

Mileage per charge (mode) : 200km (ECO) ~ 80km (SPORTS)

Size (approximate height) : XXS (150-160cm)

XS (160-170cm)

S (170-180cm)

M (175-185cm)



We ask that you wear a helmet when riding a bicycle.

## 10 P.93

Sports and recreation facilities / IKINAJIMA  
Ikina Sports & Recreation Park

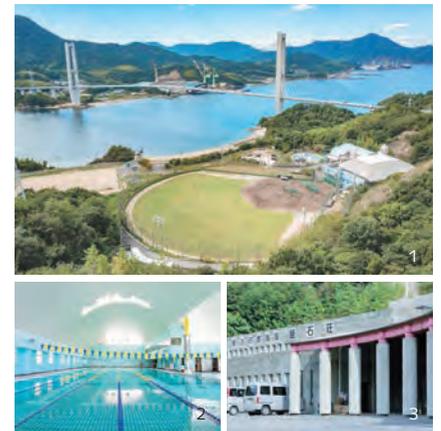
With a baseball field with natural grass and black soil with a 92m field, the park also features a 25m heated swimming pool, an arena, and an indoor practice field. There is also a training camp facility called "Garuishisou" adjacent, which can accommodate up to 50 people. With the beautiful sea right in front of you, there is a wide range of recreational activities, such as swimming in the sea and having a BBQ on the beach. Individual day use is also available for swimming, basketball, table tennis, etc. Please check availability when using.

## Garushi Gymnasium Office

☎ 0897-74-0906 🌐 www.sporec.jp 📞 4528 Ikina

✉ sporec@mx9.tiki.ne.jp 📅 CLOSED TUESDAY

🚗 7min from Tateishi port 🅇 Parking available



1 A comprehensive sports park overlooking the beautiful ocean and Iwagi Bridge.

2 A heated swimming pool. 3 The exterior of the training camp facility, Kaerishisou.



## Impressive “Managa Murals” fill the island

Takaikamishima is about 30 minutes away by New Uoshima from Yuge Port. As the boat approaches the island, you can see large manga characters painted on the walls of the houses. This project was organized by Nataore no Ki Corporation, which was formed to revitalize the island. They hope to turn Takaikamishima into a “World Manga Island,” creating a buzz and preserving the island’s lifestyle for future generations. They are also currently preparing to open a “Manga School.”

11 P.94

Art / TAKAIKAMISHIMA

### MANGA MURAL ART

Nataore no Ki

📍 takaikamisima.org

✉ nataorenoki@gmail.com



“Dr. Koto Clinic” (written by Takatoshi Yamada), “Maichingu Machiko Sensei” (written by Takeshi Ebihara), “Candy♡Candy” (original work: Kyoko Mizuki, drawing: Yumiko Igarashi), “Gambling Apocalypse Kaiji” (written by Nobuyuki Fukumoto), “Gu-Gu Gunmo” (written by Fujihiko Hosono), “Black Angels” (written by Shinji Hiramatsu), “Mayoko-chan” (written by Ochazuke Nori) and many other works. The number is expected to increase in the future.

## RELAX AND ENJOY ISLAND ART

12 Art / TOYOSHIMA

### Gerhard Richter “14 Panes dedicated to Futility”

Toyoshima Island, a short journey from Yuge Port on the New Uoshima Ferry, holds a unique exhibition hall featuring the masterpieces of renowned artist Gerhard Richter. Explore his series of 14 glass plates, each offering different perspectives and reflecting the ever-changing colors of Setouchi. This island carries the history of its past with a stone quarry but now has no residents. Please check the ferry schedule for public access.

Contemporary Art Platform, Japan

\* Advance reservations are required to view works.

📍 setouchi-art.org ☎ 080-6815-7331 [Secretariat: Kunita]



1 Gerhard Richter

Born in Germany in 1932. He is one of the world’s most influential contemporary artists.  
2 A box-shaped building where the works are stored. This was also designed based on Richter’s design. (About 2 minutes on foot from Toyoshima Port)

SETOUCHI KAMIJIMA ART PROJECT

## Sea Wall Art

A project to create island-like art works. In 2019, 3 works were selected from 47 works collected from the public, and the artists themselves cooperated with local people to produce them.

12 P.94 [YUGEJIMA]

### A Heavenly Flower



This is a work with a rainbow theme. I expressed such a miraculous moment that I feel like I can cheer up when I see a rainbow even when I’m depressed.

2 P.93 [KINAJIMA]

### Whales for Everyone !!



The residents of the island used free-hand paintings on the breakwater to create a porcupine whale. It is a whale filled with everyone’s thoughts.

13 P.92 [IWAGIJIMA]

### A Journey to a Serene Place



The spirits and animals living in Kamijima-cho are listening to the sounds of the sea. You can put yourself in the space that is partially vacant.

## EXPERIENCE THE HISTORY AND CULTURE OF THE ISLANDS

The islands of the Seto Inland Sea have a rich history of salt production, dating back to prehistoric times. During the Middle Ages, these islands were known as "Salt Manors".

Remnants of this period can still be found in the town. To immerse yourself in this historical context, we offer an experience menu that allows you to connect with the past.



PHOTO : Kamiyuge Ganjoji Temple grounds

## FEEL A LIVING PIECE OF HISTORY

14 P.94

Workshop / YUGEJIMA

### Ancient Algae Salt Making

Experience the ancient art of salt-making through the "Moshio" process. By boiling down seaweed and then further reducing the concentration of sea water, white crystals of salt gradually form. You'll discover the unique blend of saltiness and a sweet, deep flavor. Yuge Island, has a rich history in salt production. The NPO "Yugenosho" continues this tradition by selling Yuge salt made from the seawater of the island. Additionally, they offer an experience program where you can learn and participate in the salt-making process.

Yugenosho

☎ 0897-77-2232 [ShimadaCafe] 🗓 Held all year round  
🕒 10:00-15:00 (requires about 1 hour) 👤 2 - 10 people  
💰 1,000 yen/person Reservation required (via internet)

\* Cancellation up to the day before. (no cancellation fee)



1 Salt crystals. The picture is a pyramid-shaped one made from a kettle of "Yugesho".  
2 Experience making pottery. 3 Challenge the ancient method of boiling down brine in an unglazed vessel.

15 P.94

Sutra Copying / YUGEJIMA

### Japanese Calligraphy in a Peaceful Temple

Experience the ancient art of sutra copying in a peaceful island temple. Guided by Chief Priest Mr. Tokuo Yamao, recite the Heart Sutra and carefully copy it onto paper. This serene practice provides a moment of calm and a chance to set intentions. Take a break from your busy life and embrace a fresh start.



GANJOJI-Temple

☎ 0897-72-9277  
[Kamijima Tourism Associatio]  
🗓 Any time other than Bon Festival, New Year holidays, equinoctial equinox 🕒 about 2 hour  
👤 1 - 6 people (elementary school upper grades and above)  
💰 from 1,650 yen/person

📄 available  
Reservation required  
(at least 3 days in advance)

\* After making a provisional reservation on the internet, confirm with the temple and contact them. \* We may ask you to cancel due to sudden legal requirements. \* Please refrain from participating barefoot. (wear socks)

16 P.95

Crafts / YUGEJIMA

### Making Mini Temari

In Yugejima's traditional "Yuge Temari" workshop, one needle at a time, patterns of flower petals such as morning glory and hydrangeas and fireworks are embroidered. Let's make your own Temari while chatting with the island's grandmothers. Perfect as a talisman or as a gift for your loved ones.



Yuge Temari Group

☎ 0897-77-2252 [Kamijima Town Tourism Strategy Division]  
🗓 Held every THU  
🕒 from 13:00 (about 2-3 hour)  
💰 1,000 yen/person  
👤 5 people  
Reservation required by phone

## “Salt Manor” Yugejima

Yugejima's history of salt production dates back over 10,000 years to the Jomon period, where early inhabitants used rudimentary methods of salt extraction. This ancient practice continued to evolve, and by the Kamakura (1185-1333) and

Muromachi (1336-1573) periods, the island had become an important supplier of salt, overseen by the Toji Temple in Kyoto.

The Toji Hyakugo Archives, a collection of ancient documents, offer valuable insights into the island's historical salt production techniques and the management of local resources during that era. These records highlight the significant

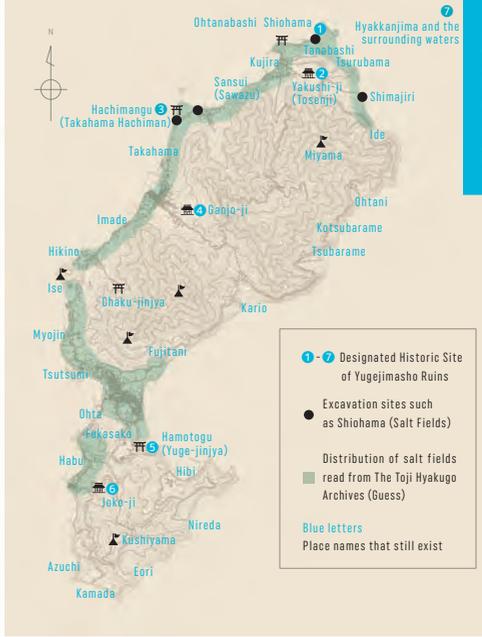
role that salt played in the local economy and culture, emphasizing the connection between the island and its natural resources.

Today, standing by the sea on Yugejima, it's easy to imagine the vast salt fields that once dotted the landscape, linking the island's past to its present. The legacy of these ancient salt-making practices still echoes through the island's history and continues to shape its identity



- 1 Toji Temple (in Kyoto), famous for its five-storied pagoda. Yugejima was the manor of this temple.
- 2 Excavation work on Yugejima.
- 3 Toji Temple Hyakugo Archives.
4. Yugejima described in the Toji Temple Hyakugo Archives.

\* Photos 3 and 4 and the background image are quoted from Kyoto Institute, Library and Archives Toji Temple Hyakugo Archives WEB.



- ①-⑦ Designated Historic Site of Yugejimanosho Ruins
- Excavation sites such as Shiohama (Salt Fields)
- Distribution of salt fields read from The Toji Hyakugo Archives (Guess)
- Blue letters Place names that still exist



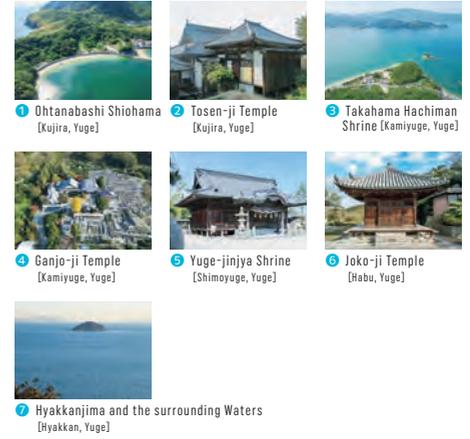
Aerial view of Ogushi (currently Kamiyuge), Hachimangu Shrine (currently Takahama Hachiman Shrine), and Sansui (currently Sawatsu) from the north. In addition to the coastline of this area, recent excavations have revealed that there were salt pans created in the Middle Ages in many places around the island.

HISTORY COLUMN

### 国史跡 YUGEJIMANOSHO Ruins

The Yugejima No Sho Ruins encompass Yugejima, Hyakkanjima, and the surrounding waters, along with several important cultural sites. Tosen-ji Temple, Takahama Hachiman Shrine, Ganjo-ji Temple, Yugejinja Shrine, Joku-ji Temple, Ohtanabashi Shiohama, and Hyakkanjima are designated as National Historic Sites. These ruins provide valuable insights into the medieval manors and the salt industry in the Seto Inland Sea, as well as the maritime traffic of that era. They are of great significance in understanding the historical context and cultural heritage of the region.

KEISUKE ARIMA [Kamijima Town Board of Education Curator]



## ENJOY THE ISLAND'S FRUITS



1 The proud "cold weather" strawberry has a fresh sweet scent. 2 Strawberries can be taken home for 1,500 yen for a large pack and 1,000 yen for a medium pack. 3. You can eat as many strawberries as you like within the time limit, and you can take home up to five lemons.



\* If you wish to cancel, please contact us in advance (no cancellation fee) \* Bring clothes and shoes that you don't mind getting dirty \* If it rains, the event will be held inside a plastic greenhouse \* You can take the harvested citrus fruits home for a special fee

17 P.92

Fruit Picking / IWAGIJIMA

## Fresh Strawberry and Lemon Picking

Discover the joy of picking strawberries at "Blue Lemon Farm" on Iwagijima. Using the "Kanjime" method, these strawberries are cultivated to enhance their natural sweetness and richness without artificial heating. Experience the burst of flavors as you bite into a bright red strawberry, savoring its aromatic sweetness with a refreshing touch of acidity.

## Blue Lemon Farm

☎ 0897-74-0756 [FURUKAWA] 📍 Iwagi 3829-1, Kamijima Town  
📅 FEB - MAY ⌚ as needed 👤 from 1 person 💰 1,800 yen /adult, 1,000 yen /child, 750yen / 1 preschool child, free / under 2 years old 📞 Reservation required

Fieldwork / SASHIMA, IKINAJIMA 📍  
Citrus Harvest Fieldwork

Toshiki Aoki, moved to the island in his twenties and became independent after training in agriculture. He currently has citrus orchards on several islands, including Sashima and Ikinajima, and is cultivating lemons and various other varieties of citrus fruits. You can harvest the fruit while listening to Mr.Aoki talk about cultivation techniques and life on the island, and then take the fruit home with you.

## Aoki Farm

☎ 080-6142-5886 [Aoki] 📅 NOV - APR ⌚ as needed 👤 1 - 5 people  
💰 1,000 yen/person

Harvest is purchased (the amount depends on the variety)  
Reservation required by phone at least 5 days in advance

## VISIT AN ISLAND FARM

Fieldwork / IWAGIJIMA 📍

## Experience Life as an Island Farmer

Learn the depth of vegetable cultivation at Shimashima Farm, a farm overlooking the sea on Iwagi Island. Hiroshi Harada, a young farm owner, grows about 50 kinds of vegetables and citrus fruits using a cyclical farming method. It is attractive to be able to touch a lot of crops with small-lot, high-variety production. You might even come across rare vegetables!

## ShimaShima Farm

☎ 090-5064-8241 [Harada] 📅 Held throughout the year (Winter, busy season, etc., depending on the season) ⌚ about 1 hour 👤 1 to 4 people  
💰 1,000 yen/person 📞 Reservation required by phone by the day before

Harvest / IWAGIJIMA

## Harvest Fresh Seasonal Produce

Okano's farm produces not only citrus fruits such as lemons, mandarin oranges, and setoka, but also fruits such as kiwifruit, persimmons, and tomatoes, which have become known as island tomatoes for their sweet and delicious taste. are also grown, and you can experience harvesting them and take them home to eat!

## Okano Farm

☎ 0897-75-2488 [Okano] 📅 Lemon OCT - APR, Tomato JAN - APR  
⌚ as needed 👤 5 - 6 people 💰 1,500 yen/adult, 1,000 yen/child  
Reservation required (up to 5 days in advance by phone or fax)

I will teach you how to make delicious vegetables in my style!



\* Cancelled in the event of rain \* Please bring clothes and shoes that can be dirty and are suitable for light exercise. \* Cancellation until the day before



\* Please contact us in advance if you wish to cancel (no cancellation fee)  
\* Bring clothes and shoes that you don't mind getting dirty \* In case of rain, the event will be held inside the plastic greenhouse \* Additional cost for take-out

## UNIQUE COOKING EXPERIENCES

8 P.95

Baking / YUGEJIMA

## Seasonal Bread Making in Kamijima

During the island time in the classroom where you can see the Yuge Bridge from the window, you can experience full-fledged bread making with the complete hand-kneading method acquired at ABC Cooking Studio. You can also try making seasonal bread, such as pizza using seasonal island vegetables and Stollen at Christmas time.



## LADY ROSE Reiko

☎ 0897-77-2252 [Kamijima Town Tourism Strategy Division]

🕒 Between 9:30-16:30 👤 2 - 8 people (Consultation required for more)

💰 2,000-3,000 yen/adult, 1,000 yen/child

Reservation required (by phone at least 7 days in advance)

\* Cancellation fee (50% of the fee on the day) \*The event will be held rain or shine  
\* Bring your own apron, triangular bandage, and hand towel

8 P.95

Baking / YUGEJIMA

## Fun and Delicious Bread Making

This bread-making class is based on the concept of baking bread using seasonal vegetables and fruits from the island, and enjoying the most delicious freshly baked bread together! If you have time, you can also make salads and soups using island vegetables together, and enjoy a happy lunchtime with freshly baked bread!



## Happy Bread Workshop Maki

☎ 0897-77-2252 [Kamijima Town Tourism Strategy Division]

🕒 Between 9:00-17:00

👤 2 - 10 people

💰 3,000 yen/adult, 1,000 yen/child

Reservation required

\* Cancellation fee (50% of the fee on the day) \*The event will be held rain or shine  
\* Bring your own apron, triangular bandage, and hand towel

18 P.93

Cooking / IKINAJIMA

## Smoked in a Propane Cylinder Kettle

Experience the unique art of smoking with Mr. Hamada, a former shipbuilder, using old propane gas cylinders, he smokes various ingredients while enjoying the scenic view of the sea. Whether it's wieners, eggs, cheese, meat, fish, or vegetables, the choice of what to smoke is entirely up to the participant's creativity and preferences.

## Smoked Kettle Workshop Tekkunchan

☎ 0897-76-2346 [Hamada] 🗓 Held throughout the year (except year-end and New Year holidays) 🕒 9:00 - 15:00 👤 1 to 6 people at home \*Large groups are allowed during business trips

💰 1,500 yen/person (bring your own food), Can travel

Reservation required by phone

\* No cancellation fee \* Cancelled in case of rain (up to customer)

MAKE YOUR OWN CREATION  
AT THE ISLAND POTTERY STUDIO

Immerse yourself in the art of pottery at Sobeegama, a captivating studio and gallery owned by the talented Bizen ware potter Sonosuke Furukawa. Feel the tactile pleasure of molding clay with your own hands and witness your creation come to life. Surrounded by a serene garden bathed in natural light, you can take home your unique masterpiece as a cherished memento of your artistic journey.

19 P.95

Pottery / YUGEJIMA 📍📞

## Make Your Own Unique Masterpiece

## SOUBEEGAMA

☎ 090-4494-3346 [Furukawa]

🌐 soubeegama.net

📍 Pottery "DODO" Myojin326-1, Yuge

🕒 10:00 - 16:00 👤 1 - 16 people

💰 Clay 0.6kg (0.6 kg = about 1 rice bowl or 1 coffee cup) kerosene kiln from 2,500 yen, Wood-fired kiln: from 3,500 yen  
CLOSED Irregular holidays Reservation required at least 2 days in advance

🚶 7 min from Yuge Port

1 Mr. Furukawa standing in front of the studio and gallery. His origin from Yugesima, U-turn after training in Okayama Bizen. 2 Furukawa's works are also available for purchase. 3 The classroom. Children are also very welcome. 4 pottery ready to be fired.



# What are the favourite places of the locals?

## FAVORITE PLACE IN KAMIJIMA

The islands of Kamijima Town are full of beautiful scenery. Let's ask what kind of places the islanders like!



### 13 P.92 Nishibe Beach [IWAGIJIMA]



(Mr. Soshi) I'm from this district, and when we would swim during the summer, it was always be here! There used to be a diving board, so I used to play all day long. We met here (laughs). It all started with a BBQ held by a friend on the island.

(Rika) I thought that everyone on the island likes the sea. I also came to live on an island and have come to like the calm sea more.



Soshi Furumoto (L)  
Hana (C) Rika (R)

Soshi is from Iwagijima and after making a U-turn, he worked at the Iwagi Bussan Center. They met on the island and moved after they married.



Itsuko Nakatsuka

The proprietress of Minshuku Nakatsuka (P.25). She is from Yugejima. The island's mother, who has a lovely smile and a gentle smile, is an expert in picking wild greens.

This is the place where the dyeing teacher from Kyoto, who taught me about pickled greens, often took me there. I frequently came here to look for dyeing materials, pick edible daikon radishes and fragrant Hamagou flowers. When the tide goes out, many round stones appear on the coastline here.

### 20 P.94 Nireda Beach [YUGEJIMA]



### 21 P.93 Mt. Tateishi Observatory [IKINAJIMA]



Elementary school students on Ikinajima always climb Mt. Tateishi, on New Year's Day, everyone runs up the mountain to see the first sunrise of the year, and I still go there once a year. From the observatory at the top, you can see the sun setting over the Seto Inland Sea. I love the scenery of the sea wrapped in orange because it is very soothing.



Gakuto Ohashi (L)  
Naho Yamamoto (R)

Childhood friends from Ikinajima who attend Prefectural Yuge High School. Mr.Ohashi belongs to the soccer club, and Mr.Yamamoto belongs to the badminton and tea ceremony clubs.

Finally,

It seems that everyone on the island is also attracted to the scenery with the sea. We want to cherish the beautiful and rich sea, which is the spiritual pillar for the island.

# INFORMATION

We have gathered useful information for you  
when traveling around the island. May your island trip be a wonderful one!





KAMIJIMA TOWN OFFICIAL TOURISM WEBSITE  
[www.kamijima.info](http://www.kamijima.info)



**Notice**  
 The latest tourism information.



Welcome to Kamijima Trip - your ultimate guide to Kamijima Town! Whether you're planning from home or already on the island, we've got all the information you need to make your trip unforgettable. Let's explore Kamijima together!



**Event Calendar**  
 Introducing local tourism events.



**Eat, Stay, Buy**  
 Our comprehensive guide includes all restaurants and accommodations on the island.



**Characteristics of the islands**

Kamijima Town is made up of 25 remote islands, each with their own unique culture and attractions.

**Experience Application**

Book your favorite experience from a variety of options just for you.



**Experiences**

Explore our diverse island experiences. Unforgettable memories await.



**Special Feature**

Discover stories of our island's lifestyle and culture, deeply intertwined with nature's embrace.



**Access**  
 How to get to and around Kamijima.



**Kamijima Town Yumeshima MAP**

Discover popular attractions, shops, bike routes and more with Google Maps.



IMMIGRATION AND SETTLEMENT PROMOTION SITE

[www.kamijima-life.jp](http://www.kamijima-life.jp)



If you fall in love with the island, why not consider living there? The website "Setouchi Kamijima Life" is full of a variety of useful information, from preparing to move to a vacant house bank, to job opportunities.



## RENTAL CYCLE

Explore Kamijima Town on bicycles, as it's just the right size for cycling. We offer a lineup of rental bicycles available at four terminals around Kamijima island.



**E-BIKE**  
 Assist range 150km (normal)



**Cross Bike**  
 Appropriate height : 140 cm-



**City Cycle**  
 Appropriate height : 150 cm-



**Electric (20 inch)**  
 Assist range 50km  
 Appropriate height : 153 cm-



**Electric (26 inch)**  
 Assist range 40km  
 Appropriate height : 146 cm-  
 Childseat can be attached



**Tandem**  
 Appropriate height : Front 165 cm-, Back 150cm-



**Mountain Bike**  
 \*IWAGI Terminal Only



**Kids Cross**  
 Appropriate height : 130 - 150cm



**Kids City**  
 Appropriate height : 108 - 135cm

## RENTAL CYCLE TERMINAL in KAMIJIMA

**8 P.95**  
**SETOUCHI KORYUKAN**  
 YUGEJIMA / 2min from Yuge Port  
 ☎0897-72-9277  
 📍 Shimoyuge1037-2, YUGE  
 ⌚ 8:30-17:15  
 CLOSED New Year Holiday



**2 P.93**  
**TATEISHI PORT OFFICE**  
 IKINAJIMA / Next to Tateishi Port  
 ☎0897-76-2224  
 📍 lkina2111-4  
 ⌚ 8:30-17:15 [7 days a week]



**16 P.92**  
**LEMONE PLAZA**  
 IWAGIJIMA / Next to Iwagi Port  
 ☎0897-75-3277  
 📍 Iwagi1427-2  
 ⌚ 8:30-17:15 [SA,SU,HO-16:45]  
 CLOSED New Year Holiday



**1 P.94**  
**UOSHIMA BRANCH OFFICE**  
 UOSHIMA / Next to Uoshima Port  
 ☎0897-78-0011  
 📍 Uoshima 1-1362-1  
 ⌚ 8:30-17:15  
 CLOSED New Year Holiday



**Cycle-free for bicycle trips!**

Enjoy the "cycle-free system" in Kamijima Town! If you come by bicycle from outside the town, the boat fee for bicycles is free. Download the QR code and make the most of this offer. \*It's also applicable when using rental cycles.

## FULLY EQUIPPED INFORMATION CENTER



The first sea station building in Japan and a comprehensive travel information center, yacht and boat entry, and mooring facility, operated by Kamijima Tours, is the perfect starting point for any adventure. It hosts events that bring together islanders and travelers, with a variety of facilities and services, including coffee, toilets, showers, laundry, and a terrace with stunning views of the islands and Yumeshima Kaido bridges. English-speaking staff will assist with anything you might need with free WiFi.

**3** P.95  
 Tourism Information Center   
**Yuge Seastation "FLAT"**

**Kamijima Tours**  
 ☎ 0897-72-9775 [Yuge Seastation "FLAT"]  
 🌐 yugeseastation.com  
 ✉ yuge.seastation@gmail.com  
 📍 Shimoyuge203-1, Yuge  
 ⌚ 8:30 - 17:15 📶 power outlet  
 🚶 5min from Yuge port  
 🚿 Coin shower 🧺 Coin laundry

1 There is a sea station (yacht pier) right in town. If you want to moor, please contact us in advance.  
 2 The two managers, Matt & Momo of Kamijima Tours. (P.65)  
 3 The terrace seats on the upper floor are prime locations overlooking the harbor.



## GOODS AND SERVICES FOR A CONVENIENT LIFE

<p><b>4</b> P.95 YUGEJIMA                  Gifts, Sweets, stationery, office supplies  <b>KADOYA</b>                  ☎ 0897-74-0870                  📍 Shimoyuge1037-1, Yuge                  ⌚ 9:30 - 18:00                  CLOSED SUN</p>	<p><b>5</b> P.95 YUGEJIMA                  Convenience Store  <b>New Yamazaki Daily Store YUGE</b>                  ☎ 0897-74-0866                  📍 Shimoyuge1037, Yuge                  ⌚ 6:30 - 21:30</p>	<p><b>6</b> P.95 YUGEJIMA                  Supermarket  <b>A-COOP YUGE</b>                  ☎ 0897-77-3134 📍 Shimoyuge119, Yuge                  ⌚ 9:30 ~ 19:00 [Changes with the season]                  CLOSED SUN</p>	<p><b>7</b> P.95 YUGEJIMA                  Supermarket  <b>FOURENIR YUGE</b>                  ☎ 0897-77-2030                  📍 Shimoyuge1037, Yuge                  ⌚ 9:30 - 19:00</p>
<p><b>8</b> P.93 IKINAJIMA                  Convenience Store  <b>POPLAR</b>                  ☎ 0897-76-2002                  📍 Ikina446-1                  ⌚ 6:30-22:00</p>	<p><b>9</b> P.93 IKINAJIMA                  Food, Miscellaneous Goods, Daily Necessities  <b>MOMOZAKI SHOTEN</b>                  ☎ 0897-76-2007 📍 Ikina487                  ⌚ 10:00 - 18:30                  CLOSED SUN</p>	<p><b>10</b> P.93 IKINAJIMA                  Food, Miscellaneous, Daily Necessities, Fish  <b>OIKE SHOTEN</b>                  ☎ 0897-76-2059 📍 Ikina490                  ⌚ 10:00 - 18:00                  CLOSED SUN</p>	<p><b>11</b> P.92 IWAGIJIMA                  Supermarket  <b>A-COOP IWAGI</b>                  ☎ 0897-75-2537 📍 Iwagi1529-1                  ⌚ WD 9:30-18:30, SA 9:30-18:00                  CLOSED SUN</p>
<p><b>12</b> P.92 IWAGIJIMA                  Food, Liquor, Tobacco  <b>KANO SHOTEN</b>                  ☎ 0897-75-2034 📍 Iwagi555                  ⌚ 9:00 - 20:00                  CLOSED SUN</p>	<p><b>13</b> P.92 IWAGIJIMA                  Convenience Store  <b>Y SHOP MURAKAMI</b>                  ☎ 0897-75-2651                  📍 Iwagi4336                  ⌚ 7:00 - 21:30</p>	<p><b>14</b> P.92 IWAGIJIMA                  Liquor  <b>FURUBAYASHI SHOTEN</b>                  ☎ 0897-75-2217 📍 Iwagi1434                  ⌚ 9:00 - 20:00                  CLOSED SUN, HOL</p>	<p><b>15</b> P.94 UOSHIMA                  Food, Miscellaneous Goods, Daily Necessities  <b>UOSHIMA SHOTEN</b>                  ☎ 0897-78-0021 📍 Uoshima1-1362                  ⌚ 9:00 - 17:00                  CLOSED SAT, SUN, HOL</p>
<p><b>3</b> P.95 YUGEJIMA                  Fresh Fish, Sashimi  <b>UOROKU</b>                  ☎ 0897-77-2712                  📍 Shimoyuge123-6, Yuge                  ⌚ 10:00 - 18:00</p>	<p>A fishshop run by a local fisherman                   A fish shop near the town hall of Yugejima. In addition to the freshness of the fish, I'm happy with the service that makes sashimi from the fish swimming in the store's fish tank on the spot.</p>		
<p><b>17</b> P.95 YUGEJIMA                  Gas Station  <b>SANKYO SHOTEN</b>                  ☎ 0897-77-2400 📍 Shimoyuge202, Yuge                  ⌚ WD7:00-18:00, SAT, HOL8:00-17:00                  CLOSED SUN</p>	<p><b>18</b> P.93 IKINAJIMA                  Gas Station  <b>IKINA SEKIYU</b>                  ☎ 0897-76-2003 📍 Ikina2106                  ⌚ 6:00 - 18:30                  CLOSED TUE, THU, SUN, HOL</p>	<p><b>19</b> P.92 IWAGIJIMA                  Gas Station  <b>JA IWAGI SS</b>                  ☎ 0897-76-2002 📍 Iwagi1531                  ⌚ 8:30 - 17:00                  CLOSED SUN, HOL</p>	<p><b>20</b> P.92 IWAGIJIMA                  Gas Station  <b>IWAGI IKINA GYOKYO SS</b>                  ☎ 0897-75-2548 📍 Iwagi1530                  ⌚ WDR8:00-18:00, SAT8:00-12:00                  CLOSED SUN, HOL</p>
<p><b>21</b> P.95 YUGEJIMA                  ATM/Window/International ATM Service  <b>YUGE POST OFFICE</b>                  ☎ 0897-77-2400 📍 Shimoyuge245, Yuge                  ATM ⌚ WDR8:45-18:00,                  SAT9:00-17:00, SUN,HOL9:00-12:30</p>	<p><b>22</b> P.95 YUGEJIMA                  ATM/Window  <b>JA OCHI-IMABARI YUGE</b>                  ☎ 0897-77-3131 📍 Shimoyuge120, Yuge                  ATM ⌚ WDR8:45 - 19:00                  SAT, SUN, HOL 9:00 - 17:00</p>	<p><b>23</b> P.95 YUGEJIMA                  ATM/Window  <b>EHIME BANK YUGE</b>                  ☎ 0897-77-2525 📍 Shimoyuge186, Yuge                  ATM ⌚ 8:00-21:00</p>	<p><b>24</b> P.93 IKINAJIMA                  ATM/Window/International ATM Service  <b>IKINA POST OFFICE</b>                  ☎ 0897-76-2800 📍 Ikina517                  ATM ⌚ WDR8:45 - 18:00,                  SAT9:00 - 17:00, SUN,HOL 9:00 - 12:30</p>
<p><b>25</b> P.93 IKINAJIMA                  ATM  <b>EHIME BANK IKINA BRANCH</b>                  ☎ 0897-76-2721 📍 Ikina 621-1                  ATM ⌚ WD 8:45 - 17:30                  CLOSED SAT, SUN, HOL</p>	<p><b>26</b> P.92 IWAGIJIMA                  ATM/Window/International ATM Service  <b>IWAGI POST OFFICE</b>                  ☎ 0897-75-2300 📍 Iwagi1465                  ATM ⌚ WD 8:45 - 18:00,                  SAT 9:00 - 17:00, SUN,HOL 9:00 - 13:00</p>	<p><b>27</b> P.92 IWAGIJIMA                  ATM/Window  <b>JA OCHI-IMABARI IWAGI</b>                  ☎ 0897-75-2002 📍 Iwagi1528                  ATM ⌚ WD 8:45 - 19:00                  SAT, SUN, HOL 9:00 - 17:00</p>	<p><b>28</b> P.94 UOSHIMA                  ATM/Window/International ATM Service  <b>UOSHIMA POST OFFICE</b>                  ☎ 0897-78-0300 📍 Uoshima1-1362-1                  ATM ⌚ WD 9:00 - 17:30                  CLOSED SAT, SUN, HOL</p>

## PLACES TO BUY GIFTS AND SOUVENIRS

18 P.92 Direct from the farm / Souvenirs  
LIMONE PLAZA / Iwagijima



Visit Iwagijima's farmer's market for fresh seasonal vegetables, fruits, and delightful sweets like citrus liqueur and lemon cakes. Don't miss the local specialties and souvenirs too!

☎ 0897-75-3277  
📍 Iwagi 1427-2  
🕒 8:00 - 17:30 [Until 17:00 on Sundays and national holidays]  
CLOSED New year holiday, Local holiday

5 P.95 Souvenirs  
LOGHOUSE YUGE / Yugejima



Located next to the Yuge town hall, the log cabin exterior is the landmark. In addition to purchasing souvenirs such as Yuge salt and Yuge nori seaweed, you can take a break and enjoy shakes (only available in summer) that have long been loved by locals.

☎ 0897-77-3828  
📍 Shimoyuge829-1, Yuge  
🕒 9:00 - 17:00  
CLOSED TUESDAY, New year holiday season

29 P.93 Direct from the farm  
SHIMA no HIROBA / Sashima



Unmanned sales office: Islanders sell vegetables and fruits harvested from their fields, along with locally produced charcoal. On some days, you can even find bread available.

☎ 0897-77-2501  
📍 Sashima610, Yuge  
🕒 9:00 - 17:00  
CLOSED New year holiday season

4 P.95 Souvenirs  
KADOYA / Yugejima



Founded just after the end of the war, this long-established store has been loved by the local community for a long time. It mainly sells stationery and cosmetics, but you can also buy souvenirs such as Yuge nori seaweed, sweet potato confectionery, and Kamirin goods, as well as cakes and snacks.

☎ 0897-74-0870  
📍 Shimoyuge1037-1, Yuge  
🕒 9:30 - 18:00 CLOSED SUNDAY

8 P.94 "Kamirin" goods  
KAMIJIMA TOURISM ASSOCIATION / Yugejima



The tourist association counter inside the Setouchi Koryukan is selling the town's mascot character "Kamirin" goods, such as stuffed toys, key chains, stickers, badges, and clear files, etc.

☎ 0897-72-9277  
📍 Shimoyuge1037-2, Yuge  
🕒 8:30 - 17:15  
CLOSED New year holiday season

2 P.93 Souvenirs  
KAMIJIMA GIFT  
VENDING MACHINE / Ikinajima



A souvenir vending machine set up in front of the Tateishi Port Office on Ikinajima Island, the gateway to Kamijima Town. Buy local specialties of Kamijima Town or souvenirs of the island as souvenirs.

📍 Ikina1885-5 Tateishi Port Office

## SPECIAL PRODUCTS : ONLINE SHOP : MAIL ORDER

PONPOKO LAND / Iwagijima

Discover island-made original products, including citrus fruits from Iwagi.



IWAGI LEMON / Iwagijima

Suppliers of citrus fruits from Iwagijima, processed products, and lemon pork.



SOUBEEGAMA / Yugejima

The pottery of Sonosuke Furukawa in Yugejima. Enjoy the tasteful Bizen ware.



UOROKU / Yugejima

Experience the taste of the sea at a fish shop run by a fisherman. Take home fresh vacuum-packed fish!

☎ 0897-77-2712  
📞 0897-77-4169



SHIMA no KAISYA / Yugejima

Here sells a wide variety of specialty products, including Yuge salt (moshio).



WARASHIBE / Iwagijima

Don't miss the Warashibe Treasure Box, showcasing the finest Iwagi citrus fruits and more!



Oyatsu Time / Yugejima

We deliver frozen Kamirin Yaki to all over Japan. We accept Instagram DMs.



NICHIRIN YOGYO / Ikinajima

Indulge in the freshness of plump tiger prawns, delivered like precious jewels!

☎ 0897-76-2438  
📞 0897-76-2592



SHIMASHIMA NOUEN / Iwagijima

Pesticide-free cultivated vegetables and citrus fruits on Iwagijima. Support young farmers!



OKANO NOUEN / Iwagijima

We accept direct deliveries of fruits such as Iwagi lemons and kiwifruits.



SUGAR FARM / Iwagijima

Lemons, Madonna, Kanpei, Mandarin oranges, etc. are delivered with love.



Support Kamijima Town with Furusato Nozei!

A system that allows you to donate to the local government you want to support, hometown tax. If you like Kamijima Town on your trip, please use it. We also have a large selection of gift items.

[Furusato Choice]



[Satofuru]



[Rakuten Furusato Nozei]



URAYASU SUISAN / Iwagijima

Explore a variety of fresh seafood, from whole fish to delicious processed goods like sea bream rice. Enjoy the taste of the sea!

☎ 0897-75-2067  
📞 0897-75-2550



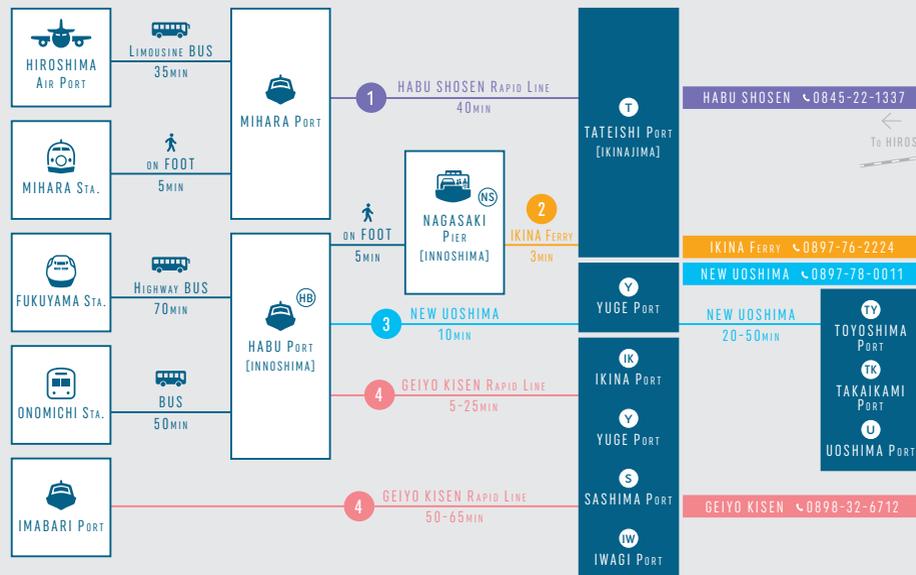
AOKI NOEN / Sashima-Ikinajima

Try the thick and delicious additive-free straight mandarin orange juice - a refreshing treat for your taste buds!

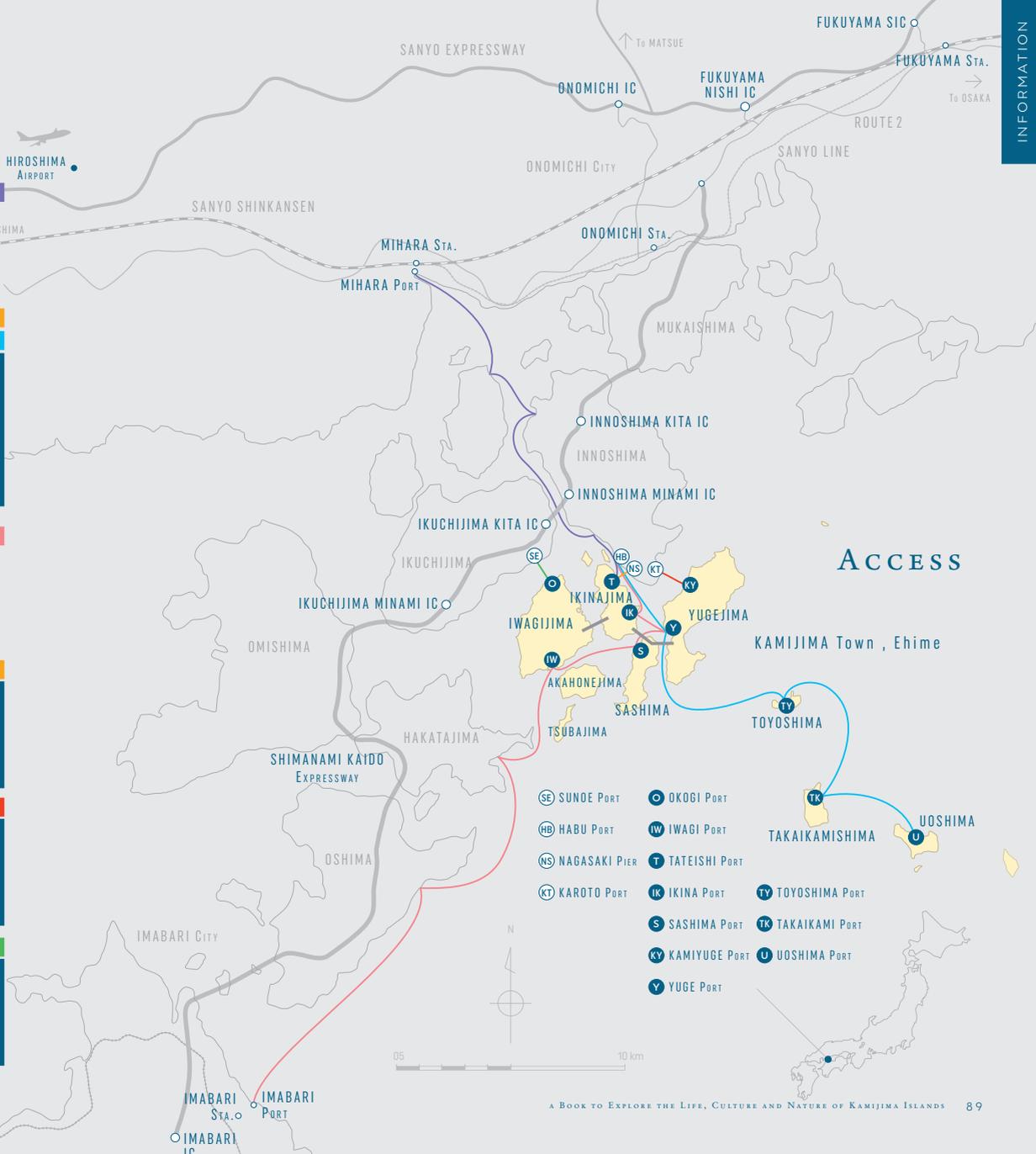
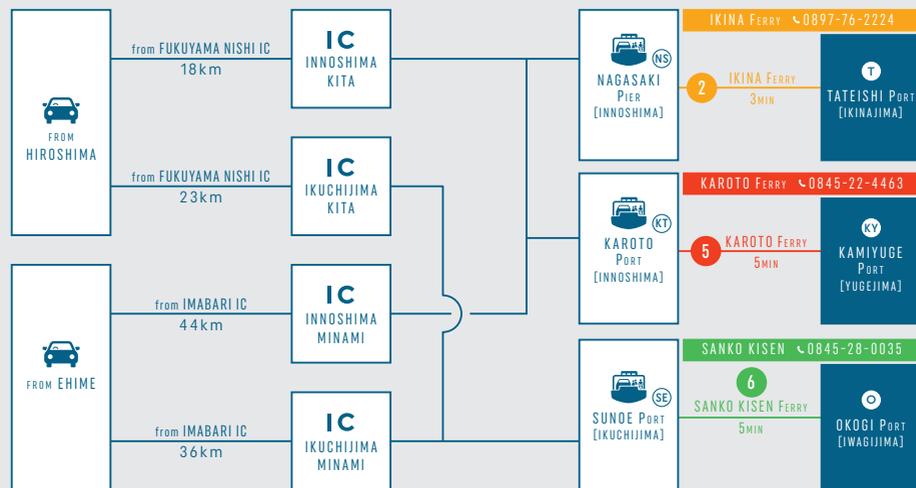
☎ 080-6142-5886



### ACCESS by PUBLIC TRANSPORT



### ACCESS by private CAR, via SHIMANAMI KAIDO



### ACCESS

## HOW TO USE PASSENGER FERRY (PASSENGER & BICYCLE)

[Ex: Geiyo Kisen]



Purchase a ticket from the ticket vending machine at the port office. A boarding ticket and a landing ticket are included as a set.



When boarding the ship, if you give the ticket to the staff, they will return only the landing ticket. Don't lose it.



When disembarking, please hand your landing ticket to the staff. Welcome to Kamijima, you made it!



Highspeed Ferries



Geiyo Kisen

Imabari Port ⇄ Habu Port



Habu Shosen

Mihara Port ⇄ Tateishi Port



New Uoshima

Habu Port ⇄ Uoshima Port

## HOW TO USE CAR FERRY (CAR & PASSENGER & BICYCLE)

[Ex: Ikina Ferry]



Wait in line in the waiting lane. Tickets for Ikina Ferry can be purchased in advance at a ticket vending machine (recommended).



At the crew's signal, board the vehicle. You do not need to show your vehicle registration.



When the sailor comes around, pay the fee (or hand over the ticket) according to the size of the car.



Car Ferries



Ikina Ferry

Nagasaki Pier ⇄ Tateishi Port



Karoto Ferry

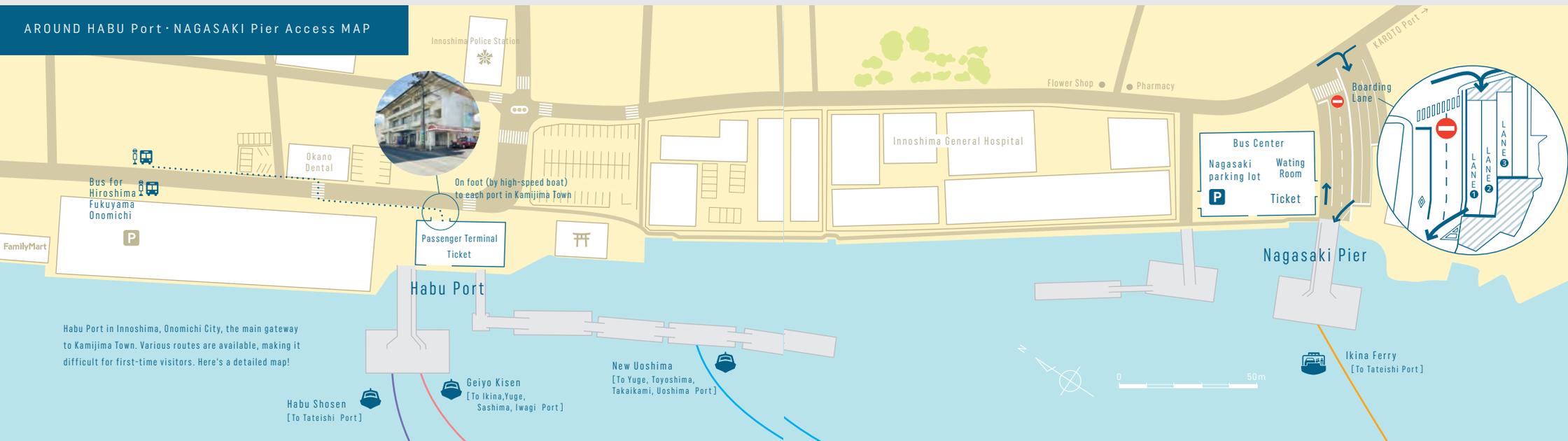
Karoto Port ⇄ Kamiyuge Port



Sanko Kisen Ferry

Sunoe Port ⇄ Okogi Port

### AROUND HABU Port · NAGASAKI Pier Access MAP



Habu Port in Innoshima, Onomichi City, the main gateway to Kamijima Town. Various routes are available, making it difficult for first-time visitors. Here's a detailed map!

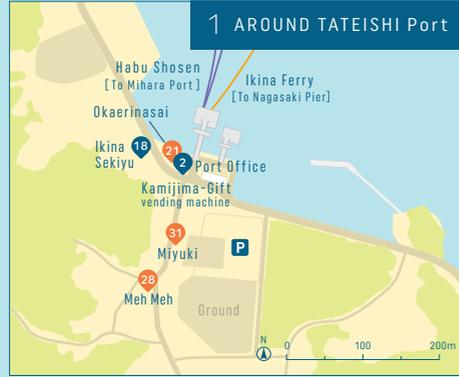
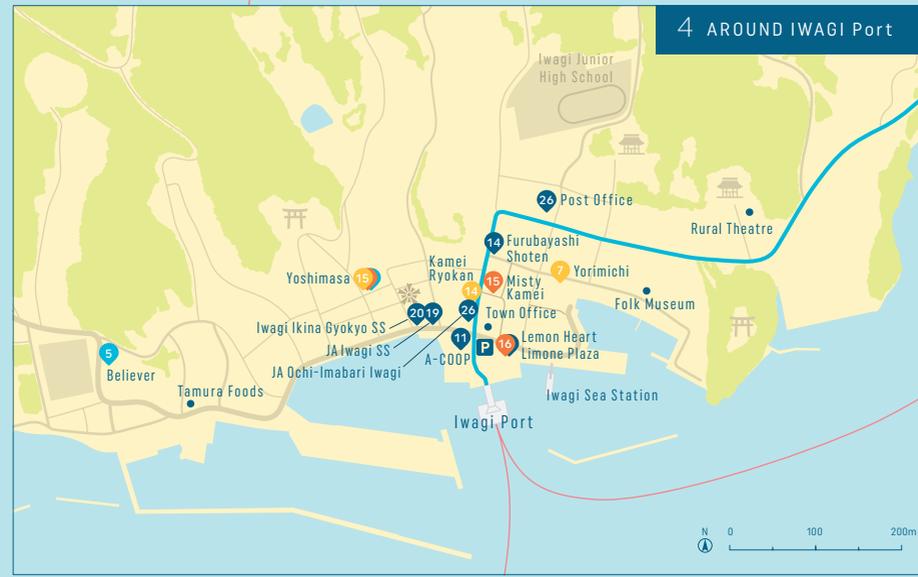


**KAMIJIMA ISLANDS MAP**

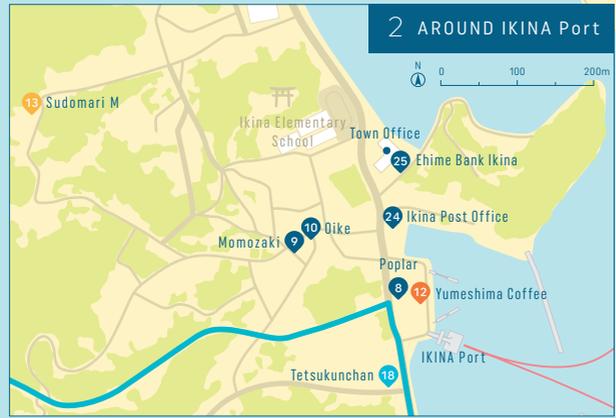
From the QR code, you can check not only shops but also famous places, bicycle courses, routes, toilets, etc. on Google Maps.



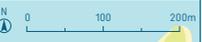
**4 AROUND IWAGI Port**



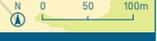
**1 AROUND TATEISHI Port**



**2 AROUND IKINA Port**



**3 AROUND SASHIMA Port**







For children on the island, this is a normal morning view. What will happen today?

## AFTER WORD

This book has been made with the help and hospitality of people from all the islands here in Kamijima, and carefully showcases each island's character, scenery and daily life.

We hope your time spent here will leave you with a lasting impression, and many happy memories.

 KAMIJIMA TOWN, EHIME JAPAN GUIDEBOOK 2025

# THE DREAM ISLANDS OF KAMIJIMA

A BOOK TO  
EXPLORE THE LIFE, CULTURE  
AND NATURE OF KAMIJIMA ISLANDS

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